

Conference Paper

Aqueous Extract of Neem Leaves (Azadirachta Indica) Decrease Expression of Immunoglobulin E (IgE) and Interleukin 4 (IL-4) in Gingiva Tissue of BALB/c Mice Injected by Ovalbumine

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Abstract

Introduction. Allergy has been such a difficult disease to cure. Some anti-allergic drugs on the market caused side effects such as dryness of mucous membranes, confusion, dizziness, dry mouth, constipation, difficulty urinating and blurred vision, bull neck and moon face. It is difficult to find anti-allergic drugs with minimum side effects. **Aim.** The research aimed to find alternative anti-allergic agent, it was aqueous extract of Neem leaves. In particular, this study analysed modulation of aqueous extract of Neem leaves to expression of Ig E and IL-4 in gingival tissue. **Materials and Methods.** A total 15 BALB/c Mice was divided into three groups, i.e control group (no treatment were introduced), Ova group (On days 0, 7, 14 submucous injected with ovalbumine), Neem group (were given with aqueous extract of Neem leaves 200 mg/day/kg body weight and injected with ova). Ova injection was 25 μ L (in 2 mg/mL PBS), while neem leaves extract were given by oral sondation. IgE and IL-4 were analysed in gingival tissue on day 21 by immunohistochemistry method. Parameters are amounts of leucocytes that expressed IgE and IL-4. **Results.** ANOVA and LSD test showed that aqueous extract of Neem leaves could decrease IgE and IL-4 expression significantly ($p < 0,05$) in gingival tissue. **Conclusion.** Aqueous extract of Neem leaves could be used as an alternative for anti-allergic agent.

Keywords: Aqueous Extract from Neem Leaves; Azadirachta Indica; Ig E; IL-4; ovalbumine; oral.

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1. Introduction

Until now allergy is a disease that is difficult to overcome, which in the oral cavity often cause difficulty chewing, swallowing, causing weight loss. Allergy drugs on the market cause side effects such as dryness of mucous membranes, confusion, dizziness, dry mouth, constipation, difficulty urinating and blurred vision, bull neck, moon face. World Allergy Organization (WAO) said 22% of world population suffers from allergies. Allergens can enter the body through the respiratory tract, injections and food, where food allergy is caused high levels of protein in the diet (food allergy prevalence in Indonesia is 11-15%).[1] As one of the meals had higher levels of protein are eggs, especially ovalbumin, in which one of the immune response that is important is Ig E and IL-4. It also has been shown by research IgE levels in mice exposed ovalbumin.[2-5] Problems that arise and has not been solved to date is not yet found a cure for allergies with effect minimum side. Therefore, it needs proper handling solutions allergies, with therapies that have minimal side effects. One of them with herbs such as neem.

Empirically, people have been utilizing the neem plant to cope with various diseases, such as intestinal worms, scabies, malaria, fungal infections, and allergies overcome tumor. Neem (*Azadirachta indica* Juss) with bioactive components among others azadirachtin, milentriol, salanin, nimbin, catechin, epicatechin, galic acid, nimbidin, gedunin, trisulfida, tetrasulfida. Parts of plants are most often used as a traditional medicine are the leaves and seeds.[6-11] Although there are studies that isolate the neem plant components and proved that azadirachtin, meliantrirole, salanin, nimbin, nimbidin a toxic component, but the use of neem to chemotherapy with an appropriate dose will not berbahaya. [12-15] neem modulate PMN, macrophages, lymphocytes affect phagocytic activity, TNF- α , IFN- γ , the activity of macrophages and immunoglobulins. From this it is alleged that the neem modulate innate immunity, cellular can humoral.[14-20]

Several studies that prove the immunomodulatory effects of neem among others, can modulate the cellular and humoral immune responses in mice immunized with ovalbumin. Modulation of the humoral immune response includes an increase in the level of Ig G, Ig M.[21] immunomodulatory potential of neem leaves extract against CD4, CD8 cell Th 1, TNF- α , IFN γ and macrophages in mice and primates.[22] Previous studies have proved that the author The Increasing of Macrophage CD14 Expression on Wistar Rats Fed with Aqueous Extract From Neem (*Azadirachta Indica*) Leaves and Inoculated by *Candida albicans*. [23] Moreover, the authors also proved Neem Leaves (*Azadirachta Indica*) Improve Oral Mucosa Defense Mechanism Againsts *Candida*

Albicans [24]. Besides, the author also has proving Neem Leaves (*Azadirachta Indica*): One of Solution to Overcome Allergic Reaction in Oral [25]. Increased TLR4 expression on macrophages in the oral cavity Wistar rats were given Consumption of Liquid Leaf Extract Neem (*Azadirachta indica*).[26] TNF- α expression on rats after *Candida albicans* inoculation and neem (*Azadirachta indica*) extract feeding.[25] Phagocytic Activity Macrophage to *Candida albicans*. [25] This phenomenon indicates that neem can modulate the immune response, thus alleged that neem leaves can improve the immune system.

2. Materials And Methods

Materials used in this study include: BALB/c mice young adults (1-2 months old), males, 100-200 g (weighing the same or not much different, pre-treated weighed), liquid extract of neem leaves, ovalbumin, PBS, rat anti-mouse Ig E (Dako), Immunostaining KIT (Dako), xylol, absolute ethanol, trypsin 0.025%, H₂O₂, Meyer-HE. equipment used in this study include sonde, spatula cement, excavators, glass plate, plastic filling instrument, tweezers, scissor, measuring cup, blade and scalpel, mask, gloves, stopper cement, fissure bur cylindrical no.3, Dental specialty chair mice, cotton pellets, bimokuler microscope (Olympus, USA), autoclave, vibrator, microtomes, object of glass and glass deck, humidity chamber.

A total 15 BALB/c Mice was divided into three groups, i.e controle group (no treatment were introduced), Ova group (submucous injected with ovalbumine), Neem group (were given with aqueous extract of Neem leaves 200 mg/day/kg body weight and injected with ova). Ova injection was 25 μ L (in 2 mg/mL PBS) On days 0, 7, 14, [4] while neem leaves extract were given by oral sondation. IgE and IL-4 were analysed in gingival tissue after 7 days treatment by means of imunohistochemistry method. Mixture done 3 times deparanisasi use xylol, xylol eliminated with absolute ethanol ranging up to 70%, the last with water, washed with PBS pH 7.4. To remove debris by trypsin 0.025%. Mixture flooded 3% H₂O₂ solution for 10 minutes. Washed 2x PBS and blocking process is carried out with 3% BSA for 10 minutes. Reacted with the antibody IgE (Dako) was incubated for 24 hours at a temperature of 40C in a humidity chamber. Biotiyilized reacted with secondary Ab (rat anti-mouse Ig E, Dako) for 1 hour. Washed 3 times with PBS each 5 minutes, then added peroxidase labeled streptavidin and incubated for 1 hour. Washed 3 times with PBS, then treated with DAB (Dako) substrate created a new and incubated for approximately 30 minutes at room temperature with shaken. Washed with distilled water, added Meyer-HE for 10 minutes. Washed with tap water, then with distilled water. Dried preparations, spilled

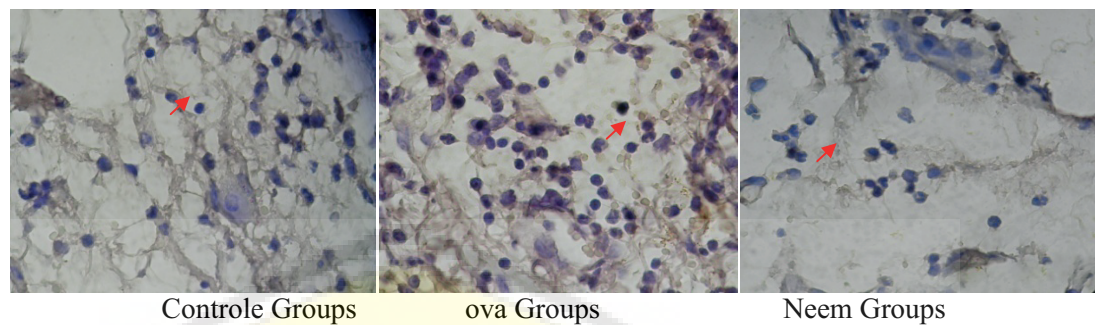


Figure 1: Expression of IgE (arrow) in gingival tissue BALB / c mice that were given by aqueous extract of Neem leaves (magnification 400 x).

entelan and covered with a coverglass. Parameters are amounts of leucocytes that expressed IgE and IL-4. Data were analyzed by descriptive, ANOVA followed by LSD test.

3. Results

The results of descriptive analysis showed decreased expression of IgE and IL-4 intra and extra cells. Express of IgE and IL-4 showed an increase in the group injected with ovalbumin. While neem leaves aqueous extract can decrease the number of leucocytes that express IgE and IL-4, as seen in the neem extract at a dose of 200 mg/day/BB has been a decline in the number of IgE, IL-4 expression. The research data have been obtained subsequently analyzed using one-way ANOVA result there are significant differences. Figure 2, the expression of IgE, IL-4 indicate average almost the same, except ova groups showed the highest expression, whereas neem groups visible IgE, IL-4 expression decreased.

Note:

Leukocytes membrane surrounded by brown color was expression of Ig E or IL-4 (red arrow), whereas it was not surrounded by brown color was not expression of Ig E or IL-4 (white arrow).

4. Discussion

IgE, IL-4 expression in gingiva tissue in the group exposed by neem leaves aqueous extract showed a decrease compared with the group that was exposed only ova and control. It appears that aqueous extract of Neem leaves to cure with the decrease as a result of exposure to allergens ova. aqueous extract of Neem leaves consumed will be quickly distributed throughout the body, including to the oral mucosa. Aqueous extracts



Figure 2: IgE or IL-4 expression in the zoom.

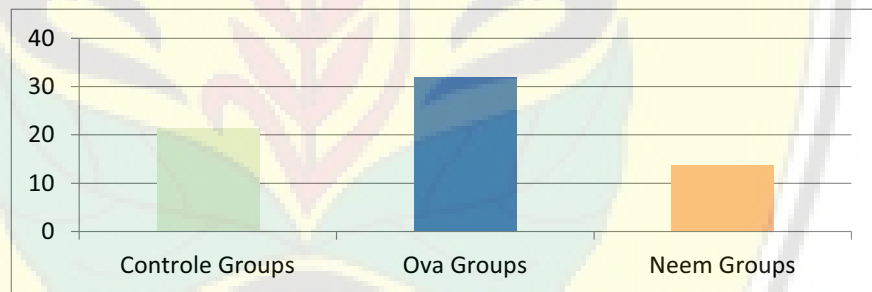


Figure 3: The bar chart IgE expression by the research group.

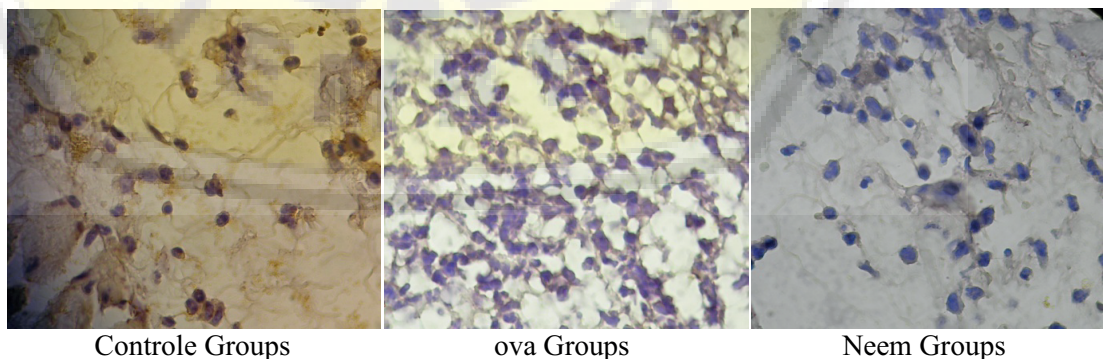


Figure 4: Expression of IL-4 (arrow) in gingival tissue BALB / c mice that were given by aqueous extract of Neem leaves (magnification 400 x).

of neem leaves with the content of galic acid, catechin, epicatechin may affect the immune response, presumably through two ways, that affect ova and directly affect the immune response. The effect on the ova is thought to cause changes in the ova, so the ova is not an allergen again to the body, while the immune response is expected

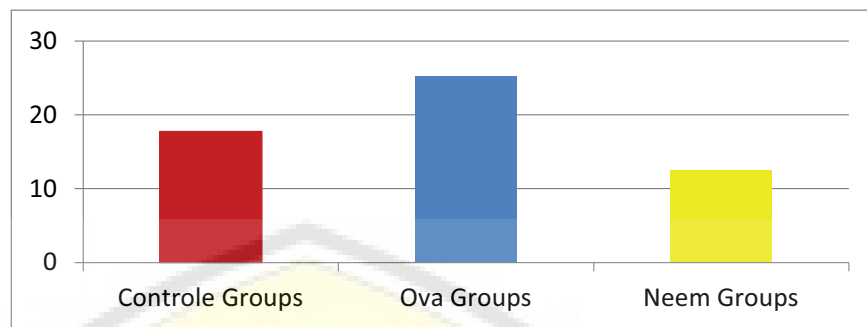


Figure 5: The bar chart IL-4 expression by the research group.

to affect the APC (Antigen Presenting Cells) in recognizing allergens (cell activity was decreased/unresponsive to allergens).

Production of IL-10 or TGF- β by Treg will affect B cells in producing IgE, IgG, IgA. Th2 function to produce IL-4 which affects the production of IgE by B cells, IL-5, which affects the activity of eosinophils. Th1 that play a role in the production of IFN- γ is also inhibited. Constraints on all these activities will affect allergic responses to decrease. Can be described blocking production of IL-10 will inhibit the activity of mast cells, eosinophils, B cells, Treg and Th2. Decreasing of IgE, IL-4 expression in gingiva, the expected clinical symptoms due to allergic reactions have also decreased (in this study were not observed clinical symptoms appear). Therefore, to further research needs be observed all the components associated with allergic reactions, such as mast cells, basophils, eosinophils, another cytokines as well as clinical symptoms are useful to uncover more roles extract neem leaves liquid on the prevention and treatment of allergy, especially in the oral cavity.

5. Conclusion

Aqueous extract of Neem leaves decreased the expression of IgE, IL-4 gingiva of BALB / c mice were exposed to ovalbumin. So, Aqueous extract of Neem leaves could be used as an alternative for anti-allergic agent.

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