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## Development of Paper Based Sensor for The Determination of Total Phenolic Content in Green Tea Beverages

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### Abstract

Tea (*Camellia sinensis* L.) is one of the most popular beverages around the world. Tea was reported to contain polyphenols, which play a key role in treatment and preventing of many diseases such as cardiovascular and neurodegenerative diseases. Thus, the content of polyphenols could be used as indicator for the quality of tea. Here, the development of low-cost, portable and disposable sensor for determination of green tea quality is described. The sensor was based on immobilization of sodium metaperiodate ( $\text{NaIO}_4$ ) in paper as a test strip.  $\text{NaIO}_4$  was coupled with 3-methyl-2-benzothiazolinone hydrazone (MBTH) as coloring agent. The polyphenols sensor has response time 9 minutes and a linear range at 25-300 ppm, with a detection limit 10.2 ppm toward catechin. The reproducibility of sensor was 0.628% with life time within 20 days when stored at 4°C. The total polyphenol content in green tea beverages were determined by the sensor, and the results were in agreement with the Folin Ciocalteu assay. The developed sensor can be used as a tool for determination total polyphenol content in tea samples.

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### 1. Introduction

Processed tea, which is one of the most popular beverages, is manufactured from the young tender leaves of the plant *Camellia sinensis* L. (Cabrera et al., 2006). Tea is reported to contain nearly 4000 bioactive compounds of which one third is polyphenols (Tariq et al., 2010). Polyphenols (PPHs) from tea possess much biological activity such as anticancer, antiinflammation, antibacterial, antiobesity, anti HIV, and antidiabetic (Adcocks et al., 2008; Mares et al., 2004; Shimamura et al., 2007; Wu and Yu, 2006; Ogle, 2009; Scalbert et al., 2005). PPHs of green tea

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also play a key role in treatment and prevent of many diseases such as cardiovascular (Arab et al., 2011) and neurodegenerative diseases (Okello et al., 2010).

The content of PPHs dictate the quality of tea especially catechin which affect to taste, healthy and color of the tea (Anesini et al., 2011). There are different methods to detect the presence of PPHs such as chromatographic, spectrophotometric and electrochemical methods (Xue and Shen, 2002; Photinon et al., 2010). However, they are time consuming, require specific instruments and qualified staff (Gomes and Rebello, 2003). Therefore the development of low-cost, portable and disposable PPHs sensor is needed.

On the other hand, sodium metaperiodate ( $\text{NaIO}_4$ ) oxidizes *o*-diphenol to *o*-quinones but does not hydroxylate monophenols to *o*-diphenols (Munoz et al., 2004). In all cases, the resulting quinones may undergo non-enzymatic autopolymerization to produce colored compounds (Oktem et al., 2012). However, quinones also can produce red compounds with 3-methyl-2-benzothiazolinone hydrazone (MBTH). Therefore the development of PPHs sensor with  $\text{NaIO}_4$  can be done by detection quinones that forming red compounds with MBTH (Hamzah et al., 2011).

Base on the above reaction, here we developed a new optical sensor for simple and rapid detection of PPHs using a strip test. The strip test was fabricated by simply immobilized the reagent on the filter paper by adsorption method. Thus, the color formation is easily detected by naked eye.

## 2. Materials and Methods

### 2.1. Materials

$\text{NaIO}_4$  was purchased from Merck, MBTH was purchased from Fluka, and catechin hydrate was purchased from Sigma-Aldrich.  $\text{NaIO}_4$  and MBTH were dissolved and diluted in phosphate buffer while catechin was dissolved in methanol p.a. The solutions were stored at 4°C. Phosphate buffer was used at pH 7.0. The buffer was prepared with 50 ml of 0.2 M  $\text{KH}_2\text{PO}_4$  and 29.1 ml of 0.2 N NaOH and added aquadest up to 200 ml. As support material filter paper (CAT No.1095.093) was purchased from Whatman. The paper was cut into  $0.5 \times 0.5 \text{ cm}^2$ .

### 2.2. Optimization Studies of $\text{NaIO}_4$ and MBTH Concentration

Sensors were prepared by mixing  $\text{NaIO}_4$  and MBTH solutions (1.5:1 (v/v)) and immobilized into papers. The loaded papers were air dried for 30 minutes. To specify the optimum  $\text{NaIO}_4$  and MBTH concentration for sensors fabrication several studies were performed.  $\text{NaIO}_4$  stock solutions were prepared by dissolving 53.5 mg of  $\text{NaIO}_4$  in phosphate buffer (pH 7.0) and diluted into 1, 2, 4, 6, 8 and 10 mM with phosphate buffer (pH 7.0). During  $\text{NaIO}_4$  optimization studies the MBTH concentration was kept constant at 24 mM in the mixture of  $\text{NaIO}_4$ -MBTH. For the optimization studies of MBTH solution was diluted to final concentration of 6, 12, 24 and 48 mM in phosphate buffer (pH 7.0). The  $\text{NaIO}_4$  concentration was kept constant at 8 mM.

### 2.3. Measurement Procedures

The constructed test strip is tested with catechin by dipped the test strip in catechin solution. After the application of catechin to test strip, the color-changed was captured by scanned using flatbed scanner (Canoscan, LIDE 110, Japan). The measured of the color change were then analyzed with ImageJ software for Windows. Here, the color intensity values of sensors were given by subtracting the intensity value of mean red, green, and blue (RGB) of the application of sample from the intensity value of mean RGB without the sample. All of the experiments were carried out in triplicate.

### 3. Results and Discussion

#### 3.1. Fabrication of Sensor

The fabrication of sensors in the form of test strip was performed by absorption of the mixture of  $\text{NaIO}_4$  and MBTH solutions onto paper. 10  $\mu\text{l}$  of the mixture solution was loaded onto the paper. After loading, the test strips were dried for 30 minutes, and then the sensor was ready to be used.

#### 3.2. Determination of Optimum $\text{NaIO}_4$ and MBTH Concentration

The color change of the sensors was red color when tested with catechin standard (150 ppm). The optimum concentration of the mixture of  $\text{NaIO}_4$  and MBTH were 8 mM and 24 mM respectively (Fig. 1 and Fig. 2), as the highest color intensity change was obtained. The changes in mean RGB color units were found to be most consistent with increasing catechin concentration, thus the mean RGB values were used as measurements (Fig. 3).

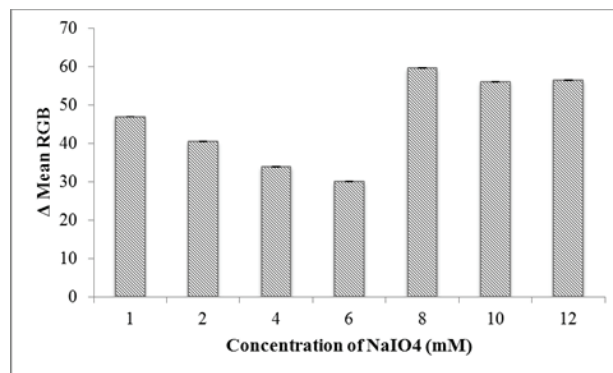


Figure 1. The effect of  $\text{NaIO}_4$  concentration on sensor response. All of the experiments were carried out in triplicate.

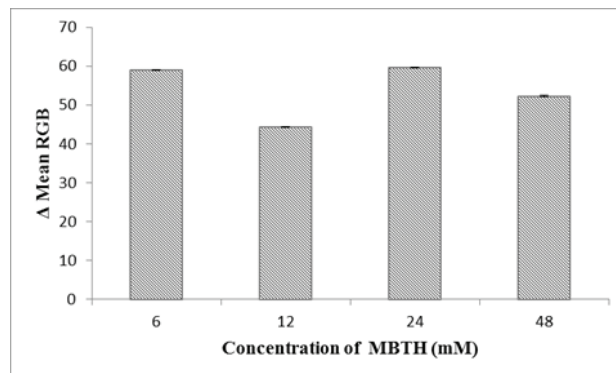


Figure 2. The effect of MBTH concentration on sensor response. All of the experiments were carried out in triplicate, \*significantly different ( $\alpha=0.05$ ).

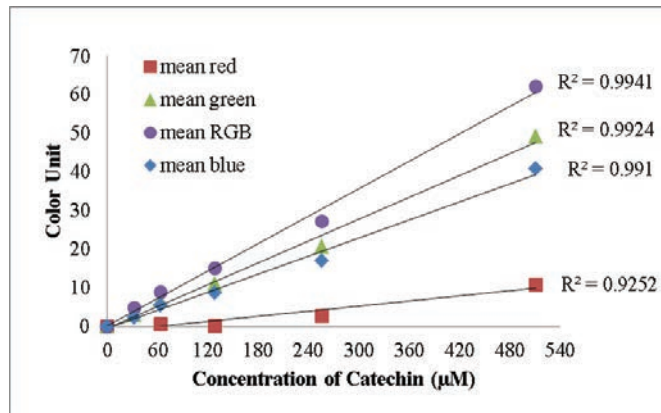


Figure 3. Sensor response over 32-512  $\mu\text{M}$  catechin. All of the experiments were carried out in triplicate.

### 3.3. Characteristic of Polyphenols Sensor

The response time of sensor was observed to be at 9 minutes as after this, it gave stable response of (Fig. 4). Therefore, this response times was used for further experiments. The sensor has a linear response range within catechin in the range of 25-300 ppm (Fig. 5). Sensitivity of sensors is described as the slope of linear curve is calculated to be 0.1566  $\Delta$ mean RGB/ppm catechin equivalent (CE). The detection limit of the sensor is 10.199 ppm CE while the quantitation limit of the sensor is 33.997 ppm CE.

In order to demonstrate the selectivity of the sensor, a study on the effect of potential interferences in the detection of polyphenols was carried out. The results show that ascorbic acid does not interference in the determination of polyphenols until 1000 ppm of ascorbic acid (1:100 v/v) and it's confirmed with the value of %interference less than 5% (Harmita, 2004) which exactly 2.01%.

Reproducibility of the sensor using six replicates ( $n=6$ ) show good result. The RSD for reproducibility of the sensor was calculated to be 0.628%. Small RSD values calculated that less than 2% (Harmita, 2004) for this method indicate a good precision of the developed method.

Accuracy of the sensor was observed by standard addition method. The % recovery values for the accuracy of the sensor on the determination of polyphenols are carried out. The mean of percentage recovery (%) was calculated to be 96.784%, it comply with % recovery values for unit concentration of 100 ppm (90-107%) (Huber, 2007). Therefore this method indicated a good accuracy.

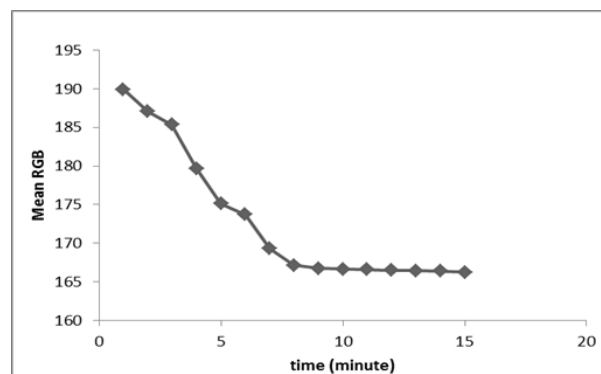


Figure 4. The response time of polyphenols sensor.

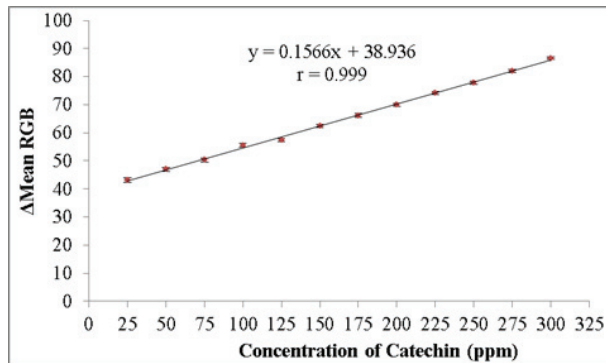


Figure 5. The calibration plot for detection of polyphenols using the developed sensor.

### 3.4. Stability of Sensor

Stability of reagents used is important in the sensor development. For the stability studies, the sensors were stored in the chiller condition (4°C) and room temperature (25°C). Figure 6 and Figure 7 showed the stability of the sensor versus time. It can be seen from both figures that sensor more stable if it was stored at chiller condition rather than in room temperature. The sensor was stable up to 20 days and afterward, slowly decreased. Theoretically, stability of MBTH decreased with increasing temperature because MBTH is non-stable in room temperature (Yu, 1996). Therefore, the sensor has life time within 20 days when it was stored in chiller condition.

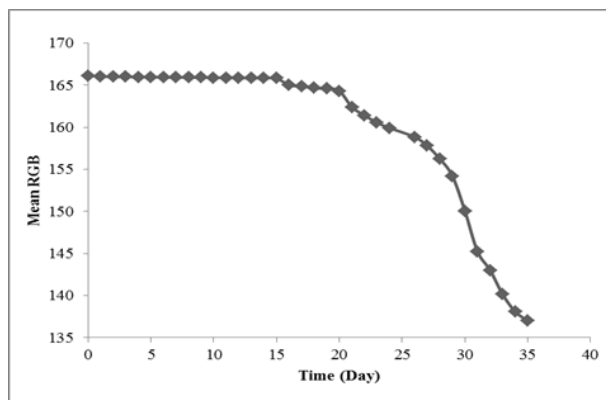


Figure 6. The stability of the developed sensor in chiller condition (4°C).

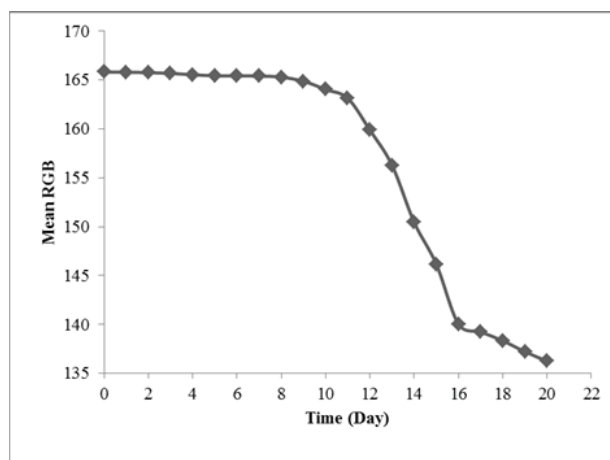


Figure 7. The stability of the developed sensor in room temperature at 25°C.

### 3.5. Application on Real Sample Analysis

The developed sensor was applied for the detection of polyphenols in beverage green tea products. Green tea beverages (from a local supermarket) were assayed in order to demonstrate the practical used of the sensor. The contents of polyphenols in the samples were calculated using the calibration curve and are listed in Table 1.

The results based on the proposed method were compared with the results assayed using the spectrophotometric UV-Vis (determination total phenolic content using Folin-Ciocalteu method). The results showed that the proposed method were in good agreement with those by the spectrophotometric UV-Vis method, since the calculated  $t$  ( $t_{cal}$ ) were less than table  $t$  ( $t_{tab}$ ) with  $t_{tab}$  of 2.145 (df=14 and  $\alpha=0.05$ ). This is indicating that it is feasible to apply the developed sensor for the determination of polyphenols in real beverage samples.

Table 1. Determination of polyphenols in green tea samples by the developed sensor and UV-Vis Spectrophotometric method.

Sample	$\Delta$ Mean RGB	Developed sensor (ppm CE)	Spectrophotometric UV-Vis (ppm CE)	$t_{cal}$
P	64.906	165.814 $\pm$ 0,609	174.215 $\pm$ 0.047	0.0603
Q	71.732	209.434 $\pm$ 0,523	211.529 $\pm$ 0.258	0.0122
R	60.711	139.051 $\pm$ 0,090	158.089 $\pm$ 0.155	0.1537
S	60.710	139.045 $\pm$ 0,222	146.080 $\pm$ 0.155	0.0604
T	55.671	106.862 $\pm$ 0,075	107.308 $\pm$ 0.066	0.0051
U	58.549	125.244 $\pm$ 0,397	130.640 $\pm$ 0.155	0.0516
V	68.602	189.437 $\pm$ 0,376	203.370 $\pm$ 0.142	0.0848

## 4. Conclusion

In this work, an optical sensor in the strip test format has been developed for the determination of polyphenols based on the mixture of  $\text{NaIO}_4$  and MBTH immobilized onto filter paper. The linear range of the developed sensor toward CE as polyphenols was in the range 25-300 ppm. A good reproducibility (RSD = 0.628%) was obtained, indicating a reliable detection system. The LOD value was 10.199 ppm CE and LOQ value was 33.997 ppm CE. The proposed method is simple, easy to operate, and reliable as it fabricated in the strip test format, making it as a good alternative to methods for polyphenols analysis in tea samples.

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