



**EFEKTIFITAS TINDAKAN PERAWATAN PAYUDARA
TERHADAP PENGELUARAN ASI PADA IBU
PostPartum PRIMIPARA DI RSIA
SRIKANDI JEMBER**

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ABSTRAK

Effectiveness of Breast Care Treatment Against milk Expenditure for Post Partum primipara mother in RSIA Srikandi Jember; Lailiyah Afiana, 052310101055; 2009:91 pages; Nursing Science Studies Program Jember University.

Keywords: Breast Care, breast milk, Post Partum primipara

ASI is the best food for babies and played a role in the process of growth and further development of the child later. To be able to give well-exclusive breastfeeding in the newborn needed a better breasts. Breast Care is one of the usefulness of action to increase spending and smooth milk. The results of preliminary studies conducted by researchers at RSIA Srikandi Jember obtained complaints about lack of smoothness expenditure primipara breast milk from mothers.

The purpose of this study was to determine the effectiveness of maintenance actions on the postpartum primipara mother's breast of milk expenditures in RSIA Srikandi Jember. This research design is an experiment with the design Pre-experimental research: Statistic-Group Comparison. Population studies are Post Partum primipara mothers treated in RSIA Srikandi Jember. Sampling technique used in this study is a non probability sampling technique of Accidental purposive sampling. This technique is a combination of two sampling techniques, namely Accidental sampling and purposive sampling with 40 samples of respondents.

Calculation of statistical test Mann-Whitney U-test $p =$ obtained value of 0.002 means that H_0 is rejected. Can be concluded that the act of breast care in postpartum primipara mothers to expenditure ASI in RSIA Srikandi Jember is effective.