



**ANXIETY DISORDER IN J.K ROWLING'S *HARRY POTTER AND THE PHILOSOPHER'S STONE, HARRY POTTER AND THE CHAMBER OF SECRET, AND HARRY POTTER AND THE PRISONER OF AZKABAN.***

**THESIS**

**Written By**

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**ENGLISH DEPARTMENT  
FACULTY OF LETTERS  
JEMBER UNIVERSITY  
2014**



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**THESIS**

**A thesis presented to the English Department, Faculty of Letters, Jember University  
As one of the requirements to get The Award of Sarjana Sastra Degree  
in English Studies**

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## **DEDICATION**

**This thesis is dedicated to:**

- My dearest Grandmother and Grandfather and My loveliest mother, Tumini, who has taught me about endless love, gave endless prayer, sacrifices and supported me all the way.
- My beloved aunty Sahimatul Insiyah and my wonderful younger sisters Eka Kusuma Jawadani and Naila Cahaya Putri, and my younger brother M. Fabian Habibi Putra, who always pray, love, and support my success, and always be there when I need them and understands me as the way I am.
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- My big family and all of my best friends;
- My Alma Mater.

## **MOTTO**

**“Men are like plants; the goodness and flavor of the fruit proceeds from the peculiar soil and exposition in which they grow”.**

**(Michel Guillaume J, Letter from On American Farmer, 1978)**

## DECLARATION PAGE

I hereby state that the thesis entitled “*Anxiety Disorder in J.K. Rowling’s Harry Potter and The Philopher’s Stone, Harry Potter and The Chamber of Secret, and Harry Potter and The Prisoner of Azkaban*” is an original piece of writing. I declare that the analysis and the result described in this thesis have never been submitted for any degree or any publications.

I certify to the best of my knowledge that all sources used any help received in the preparation of this thesis have been acknowledged.

Jember, December 8<sup>th</sup>, 2014

The Writer,

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Jember, December 8<sup>th</sup> 2014

**Reti Yulisa Mawarni**

## SUMMARY

**Anxiety Disorder in J.K. Rowling's Harry Potter and The Philopher's Stone, Harry Potter and The Chamber of Secret, and Harry Potter and The Prisoner of Azkaban; Reti Yulisa Mawarni, 0701101919042, 2013; 49 pages; English Department Faculty of Letters University of Jember**

The novels entitled *Harry Potter and The philosopher's Stone*, *Harry Potter and The Chamber of Secret*, and *Harry Potter and The Prisoner of Azkaban* written by J.K Rowling tell about Harry Potter as a child who experiences bad treatment physically and psychologically. All of kinds of bad treatment make him feels anxious about his life

This research intends to present the representation of J.K Rowling's anxiety disorder as expressed in the main character of her novels, Harry Potter, the types of Harry Potter's anxiety disorder, it includes realistic anxiety, neurotic anxiety, and moral anxiety. The second this thesis describes about the anxiety process of Harry Potter which emerges in the novels and the last this thesis talks about influences of Harry Potter's anxiety to his behavior.

This research uses qualitative research. The analysis of this study uses inductive method. Inductive method in this research is taken from the specific form of anxiety disorder of the main character, by using Freudian psychoanalytic theory.

The writing of this thesis is to gain several goals. The first goal of this study is try to find out the information in the novels with a deep analysis to appreciate the work of literature itself. The second purpose is to find out deep information about anxiety disorder emerges in Harry Potter's behavior. The next aim is to show the representation of anxiety disorder that influences to Harry Potter's behavior and the last to complete the description of anxiety disorder in these novels that is not mentioned in the prior researches.



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## CHAPTER 1. INTRODUCTION

The first chapter of this thesis gives a slight overview about the important topic of discussion as well as the steps of the research which finally lead to the conclusion. The rationale of the first chapter will also show the grand narration of the writing. Eventually, the introduction is aimed to make the reader understand the following discussion in the next chapter.

### 1.1 The Rationale

Many collections of literary works in the world are the representation of real story that can be learnt by enjoying the prose, novel, drama and others through reading and giving new understanding about the value of life, virtue or vice of the character and situation. In this research, I choose the three selected novels entitled *Harry Potter and The philosopher's Stone*, *Harry Potter and The Chamber of Secret*, and *Harry Potter and The Prisoner of Azkaban* by J.K Rowling which contain about all the aspects. The story of wizard boy Harry Potter not only the imaginative story of J.K Rowling but more than that, the story in this novel is also the expression of the author. The first book of J.K Rowling with the title *Harry Potter and The philosopher's Stone* describes about an unlucky boy who lack of affection from his care taker and survives to life. This unlucky boy also feels anxious about his life. In the real life of J.K Rowling, she also feels the same thing. She is an unlucky person who lives miserably. She becomes an anxious poor single mother for her daughter after she divorces with her husband and her mother also pass away before her divorce ([www.hp-lexicon.org/about/books/books-hp.html](http://www.hp-lexicon.org/about/books/books-hp.html)). The anxious feeling of J.K Rowling is also represented in the next two books of Harry Potter. The novels entitled *Harry Potter and The Chamber of Secret*, and *Harry Potter and The Prisoner of Azkaban* also contain about the representation of J.K Rowling's anxiety disorder which describes in the main character of these novels, Harry Potter.

Joanne K. Rowling was born into an English family on 31<sup>st</sup> of July 1965 and after her mother passed away, she became a poor single parent to her daughter, later it makes her feels anxious about his life. In mid 90s of England divorce and become a single parent was something taboo for every parent in England. Such as what she wrote down on the article of online magazine Gingerbread Single Parents, equal families, she said that “Single parents were not popular in certain sectors of the establishment or media in the mid-nineties. I remember the woman who visited the church one day when I was working there who kept referring to me, in my hearing, as The Unmarried Mother. I was half annoyed, half amused: unmarried mother? Ought I to be allowed in a church at all? Did she see me in terms of some Victorian painting: The Fallen Woman, Filing, perhaps?” (<http://www.gingerbread.org.uk/content/1901/J-K-Rowling>). In her article ‘My Life as A Lone Parent’ for the Sun in October 2000, she also wrote about money being one of the main problems of single-parent families, since six out of ten British families headed by a single parent are living in poverty. The purpose of her article, which was based on her own experiences, was to show that even though Britain today is not a society divided by class and the accident of one’ s birth, but a society divided by money (Smith 2001:11.)

Based on these explanations, J.K. Rowling feels anxious about her life for being single parent for her daughter. But a miracle happens when she starts to write the novels series of Harry Potter. Taking along train journey from Manchester to London in England and the idea for Harry Potter just fell into her head.

Furthermore, this research focuses on anxiety disorder aspects of the main character of these novels Harry Potter which become the representation of the author real life story. Such as J.K. Rowling who feels anxious about her miserable life, Harry Potter as the main character in her novels also feels anxious about his unlucky life and in the next he gets suffering from this feeling. I try to find all kinds of aspects by finding the deeply information about anxiety disorder emerges in Harry Potter’s behavior as main character in these novels. The last I want to show the representation

of anxiety disorder that influences Harry Potter's behavior and the complete description of anxiety disorder in these novels that is not mentioned in the prior researches.

These novels tell about Harry Potter as a wizard boy who lives with his uncle and his aunt, Vernon and Petunia Dursley, but they always treat him badly. Since his parent died, he had to live with the Dursley family who never loved him. These novels describe about a child who experiences bad treatment physically and psychologically. All kinds of bad treatment make him feels anxious about his life. Mostly, the feeling anxious of child happens because of the wrong treatment or abusive treatment done by the parent. The children, who are lack of affection, will deny almost opportunities for joy and happiness, In Hurlock's words, child development is defined as

“The child who is deprived out opportunities to experience affection is seriously damaged. He is denied the ego-satisfying experience that being loved by others provides. And he is denied the intimate social relation which affection and love encourage”

(Hurlock.1942: 185)

Australian Journal of Educational & Developmental Psychology entitled “*Anxiety Disorders in Primary School Children*”, indicates that anxiety disorders can have detrimental consequences on children, both in the short term and long term. Excessive anxiety can lead to significant disability, equally problematic to that of depression. Studies have indicated that children who experience anxiety disorders have lower academic achievement, problems with peer and parental relationships and general impairments in social and psychological functioning. The difficulties associated with anxiety disorders, can lead to long-term poor vocational adjustment, negative self-perception, poor self-esteem and an increased likelihood of psychological disorders later in life.

Moreover, according to Hurlock Anxiety act is a signal to the ego that things are not going right. Anxiety develops from fear and worry. Like worry, anxiety is due to imaginary rather than real causes. Anxiety depends on the ability to imagine

something not present, so it develops later than fear (Hurlock, 1942:203). The terms anxiety is “Used to represent a displeasing emotional response out of proportion to the fear producing situation” (Bakwin, 1972:453)

Finally, I choose Anxiety disorder to discuss in this research because I want to make the people and the readers of my thesis know that anxiety is a kind of psychological disorder of someone. I also want to give them deep information how to deal with this feeling when they come in to this situation and how to treat the people who have anxiety disorder. This thesis is expected to give a broader explanation about anxiety disorder in these novels and to give new information for common readers to be more critical in reading novel from the view of literary criticism, in this case anxiety disorder theory. This thesis analyzes the anxiety disorder of Harry Potter which becomes the representation of the author experiences in her real life by using Freudian psychological approach. Therefore, understanding Harry Potter’s anxiety disorder through the novel is interesting to analyze. Then, this thesis is hoped to be the reference for the students who study novel as one of literary works and for the readers to get better information about the content of the story especially about anxiety disorder.

## **1.2 The Problem to Discuss**

There are some problems found in this research and based on the rationale of this thesis, it will discuss about two things dealing with the main character in the novel, those are:

1. How does the anxiety of Harry Potter emerge in the novels?
2. What influence does anxiety have on Harry Potter’s behavior?

## **1.3 The Scope of the Study**

The scope of the study is needed to avoid any complicated discussion as well as to reach the best information and knowledge of the topic. This thesis discusses anxiety disorder of Harry potter as the main character in this novel, who gets wrong

treatments from his caretakers. However, the analysis of this research focuses on how the anxiety of Harry Potter emerges and the influences of anxiety on Harry Potter's behavior. Moreover, to find the portrait of anxiety disorder in this novel I use anxiety disorder theory by Freud and to analyze the anxiety aspects of the main character in this novel, this research uses psychological approach.

#### **1.4 The Goals of the Study**

In accordance with the problems to discuss presented above, this thesis demands a brighter view to see Harry Potter's anxiety in a perspective of anxiety disorder by Sigmund Freud.

The writing of this thesis is to gain several goals. The goal of the study focused on the textual analysis about Harry Potter's anxiety. The first goal of writing this thesis is trying to find out the information in the novels with a deep analysis to appreciate the work of literature itself. The second purpose is to find out deeply information about anxiety disorder emerges in Harry Potter's behavior as the fictitious character in these novels. The next aim is to show the representation of anxiety disorder that influences to Harry Potter's behavior and the last to complete the description of anxiety disorder in these novels that is not mentioned in the prior researches through the using anxiety disorder theory by Sigmund Freud. Then, this thesis is hoped to be the reference for the students who study novel as one of literary works and for the readers to get better knowledge about the content of the story.

## CHAPTER 2. THEORETICAL FRAMEWORK

In this chapter, the main discussions are the previous research, the approach to use and theory of anxiety disorder. The previous research is needed because it will prevent the researcher to have the same discussion in the same topic with other researcher, then the approach is needed to make the discussion suitable with the topic, the last is the theory to guide the research with accurate topic discussion.

### 2.1 The Previous Study

This sub chapter focuses on the previous research of the work. It is necessary to distinguish this thesis from the thesis before with the same subject analysis in this case Harry Potter novel. Harry Potter novel has been analyzed for several times. After looking for from the catalog from University of Jember library, I found some thesis entitled *Child Abuse and Its Influence on Harry Potter's Personality developmen* as the object of discussion. The thesis was written by Halimatus Salamah issue about the Child Abuse of the main character. For making clear about the previous thesis, the writer will explain one by one briefly.

This thesis discusses about a wizard boy who lives miserably. He lives with his uncle and his aunt, Vernon and Petunia Dursley, but they always treat him badly. The name of the boy is Harry Potter. He is an unlucky boy because he must live with the Dursleys family who never love him. In *Harry Potters and Philosopher's Stone*, Harry is described as a child who experiences bad treatment physically and psychologically. When he lives with Dursley family, they always make him stay in a dark cupboard, ignore him on a daily basic, forget his birthday, and withhold food from him. Actually, when Harry Potter was a baby, he had physical abuse from the most evil wizard, Lord Voldemort. He killed Harry Potter's parents and he also tried to kill Harry, but he failed. *Harry Potter and Philosopher Stone* and *Harry Potter and the Prisoner of Azkaban* are interesting objects of psychoanalysis study, because these novels have several things indicating psychological matters, particularly the



personality development of child who gets bad treatment by his caretakers. Through psychoanalytic point of view, we can also analyze the condition of emotion of Harry Potter when he gets painful experiences of his childhood.

The second previous research analyzed about *An Analysis on Jimmy Smith JR.'s Defense Mechanism in Scott Silver Movie Script 8 Mile*. The thesis was written by M. Robbith Alam Islami. This previous research tells about the analysis of Jimmy Smith as the main character's defense mechanisms caused by his anxiety. *8 mile* is a movie script written by Scott Silver. It is a movie based on true story which tell about the struggle of white young man to reach his goal to be a rapper among the blacks. It was released in the United State of America in 2002. The film was set in Detroit in 1995. This thesis discusses the content of the script. It tells mostly about violence, anger, and aggression reflected in Jimmy Smith Jr.'s actions. Moreover, this thesis discuss about Jimmy's defense mechanism as the cause of his anxiety in Scott Silver's *8 Mile*. In this movie script Jimmy as the main protects his own ego by building defense mechanisms to escape from his obstacles. Furthermore, this thesis is also analyzed about the factor that influence Jimmy's anxiety, the trigger of Jimmy's ego defense mechanism, and the effects of Jimmy's ego defense mechanisms as the main character in the movie scrip to other characters and himself.

In sum up, the studies above discuss about the psychological studies which are related to my study. The first previous thesis was written by Halimatus Salamah issue about the Child Abuse of Harry Potter as the main character in the novels entitled *Harry Potter and The philosopher's Stone* and *Harry Potter and The Prisoner of Azkaban* as the object of discussion. And the second previous research analyzed about an analysis on Jimmy Smith JR.'s Defense Mechanism in Scott Silver's Movie Script *8 Mile*.

Furthermore, the difference between my thesis and the previous study is the focus of topic. I focus on the anxiety disorder of Harry Potter as the main character in J.K Rowling's *Harry Potter and The philosopher's Stone*, *Harry Potter and The Chamber of Secret*, and *Harry Potter and The Prisoner of Azkaban* as

## 2.2 The Theories

### 2.2.1 Psychological Study of Literature

The approach to use in this discussion is to make the explanation clear and easy to solve the problem and it helps us to get a straight analysis on the topic. In other word the approaches are used as the mediators to analyze the problem of the discussion. This thesis uses the psychological approach to analyze and find the answer of the problem. The approach has the suitable concept with Sigmund Freud's theory of personality. Psychological approach is used to analyze the character and find the reason and the type of the main character's defense. Freud notes that literary texts are like dreams; they embody or express unconscious material in the form of complex displacements and condensations. Literature is not a direct translation of the unconscious into symbols that "stand for" unconscious meanings. Rather, literature displaces unconscious desires, drives, and motives into imagery that might bear no resemblance to its origin, but nonetheless expresses it. Freudian psychoanalytic critics see the literary work as having a conscious and an unconscious meaning, that is, the work has a surface meaning and then there is what the work is "really" about. This kind of analysis can look at the unconscious motives of both author and characters, and identify psychoanalytic features in the text, such as the existence of an Oedipus complex. ([http://library.acu.edu.au/staff/homesir/ryan/academy/theory\\_history/psychoanalytic.htm](http://library.acu.edu.au/staff/homesir/ryan/academy/theory_history/psychoanalytic.htm)).

The psychoanalytic approach to literature not only rests on the theories of Freud, it may even be said to have *begun* with Freud, who was interested in writers, especially those who relied heavily on symbols. Freud's interest in literary artists led him to make some unfortunate generalizations about creativity, for example, in the twenty-third lecture in *Introductory Lectures on Psycho-Analysis* (1922), he defined the artist as "one urged on by instinctive needs that are too clamorous" (314). But it also led him to write creative literary criticism of his own, including an influential essay on "The Relation of a Poet to Daydreaming" (1908) and "The Uncanny" (1919),

a provocative psychoanalytic reading of E. T. A. Hoffmann's supernatural tale "The Sandman."

The psychological ideas are inspired by Freudian theories; this offers the criticism in literary work with the point of view about unconsciousness. Psychology in literary criticism applied psychological approach to interpret the motive and the meaning behind the literary works (Scott, 1962:69). The psychological approach can also be applied to analyze literary works. According to Scott (1962:69) this kind of approach was used by Dr. Ernest Jones in early 1910 to interpret literary work that is *Hamlet* with a Freudian point of view. In his analysis, there is the key to process literary works as unconscious intentions of artist and the motives of fictitious characters.

Actually the function of the approach can be divided into three. First function is to discuss the creative process. This point discusses about how literary works are created. That statement is from Richard through one of his critic about unconscious relationship between writer and reader (Richard in Scott, 1962:71). The second function is using literary biography of the writers to study and understand the means of their works. This application is according to Edmund Wilson's idea, he assumes that an important part of relation between artist and their work is similar as the relationship between patient and dream then the critics becomes the analyst that takes the work of art as the symptom and then finds out the unconscious repressions of the writer. Through the analysis of the writer's biography we can understand not only the personal writer's problem but also the underlying patterns of their writings. The researcher uses the last function; psychological approach can be used to analyze fictitious character. "...Third, psychology can be used to explain fictitious characters" (Lucas in Scott, 1962:72). In this point a character in literary works can be analyzed with psychology. The analysis is derived from the actions and reactions of the character. Psychological approach in literature can be seen almost like psychological studies.

This thesis uses the third kind of the explanations above. It is psychology to explain fictitious character. I analyze the existence of the characters of Harry Potter in J.K Rowling's *Harry Potter and The philosopher's Stone*, *Harry Potter and The Chamber of Secret*, and *Harry Potter and The Prisoner of Azkaban*. Harry Potter is a product of J.K Rowling's imagination, and he lives in the literary work only with all his qualities or traits. As Lois Tyson stated in *Critical Theory Today*:

“And, of course, if psychoanalysis can help us better understand human behavior, then it must certainly be able to help us to understand literary texts, which are about human behavior.”

(Tyson, 2006:11)

The quotation above explains that practicing the psychoanalysis, the reader can understand the human behavior in the literary text, and it also helps us to understand the individual human being, each with psychological history that begins in childhood experiences of the characters in the family and each with patterns of adult behavior that are the direct result of that early experiences.

“The family is very important in psychoanalytic theory because we are each a product of the role we are given in the family-complex.”

(Tyson, 2006:13)

Family is a place where a child experiences interaction for the first time. The interaction and emotional relationship between children and parents will shape the children's experiences. That is why the attitude of the parents toward their children affects the children's behavior and mental development.

### **2.2.2 Freud's Three Systems of the Personality**

Freud divides the structure of personality into three systems. They are called as The Tripartite Psyche; they are id, ego and superego. These systems exist in each human mind, they interact each other in harmony, although each system has its own function. Freud describes personality that made up of three major systems, the id, the ego, and the superego. Although each of these provinces of the total personality has

its own function, properties, components, operating principle, dynamisms, and mechanisms, they interact so closely with one another that it is difficult if not impossible to disentangle their effects and weight their relative contribution to man's behavior (Freud, 1933:66-67).

According to Sigmund Freud there are three parts of human psychic; those are *id*, *ego*, and *super ego*. Those are the important systems for human, and systems are the development from the terms conscious, preconscious and unconscious. The terms *id*, *ego* and *super-ego* are used during 1920s (Freud, 1962:9-29).

The *id* is a place of personal pleasure or called as the satisfaction of taboo desire such as desire for power, for sex, for amusement and for food. *Id* in here does not concern with the consequences because *id* is people's instincts that want to satisfy the pleasure of desire. The *ego* represents what may be called reason and common sense, in contrast to the *id*, which contains the passions. The *ego* is the mediator between *id* and *super ego* when they have a conflict. The *ego* is in the habit of transforming the *id*'s will into an action. This part has function to relieve that extreme feeling that is caused by the conflict by building the mechanisms that Freud called *ego defense mechanism* (Freud, 1962:15). *Super-ego* has the function as a societal rule for determination about good or bad, right or wrong and (Freud, 1962:26-29).

Moreover, the example of *Id*, *ego*, and *super ego* come together when a man wants to eat an apple but he is not able to buy it and then he decides to steal his neighbor's apple. That shows the desire of *id* is for food and *id* needs to fulfill that desire. The *ego* which has job to gratify desire of *id* takes action by stealing an apple because *super ego* concerns about rule in society, it conflicts with *id* that does not concern with rules in the society. *Super ego* knows that the action of *ego* is against the rules in society. This will lead to a punishment. The conflict between *id* and *super ego* will make a person in uncomfortable feeling such as the guilty feeling about his action and fear of punishment. In this situation, *ego* builds a defense by using rationalization through making an excuse to his action or he can use regression that he suppresses the anxiety by crying. The term "defense" appeared for the first time in

1894 in Sigmund Freud's paper *The Neuro-Psychoses of Defense* and his daughter, Anna Freud, expanded on his theories in the 1930s, distinguishing some of the major defense mechanisms recognized now a day (Craemer, 2000:637).

The conflict between *id* and *super-ego* will build the extreme anxiety and that condition usually becomes the reason of people to have defense as a way to release and protect them from that overwhelming anxiety. Because the discussion about ego defense mechanisms above has close relation with anxiety disorder, I will give brief explanation in order to get a bright way to understand the topic more.

### **2.2.3 Freud specified three major types of anxiety**

Anxiety is the most unpleasant feeling that people can experience because it causes real and imaginary effect that makes people surfacing psychological response such as fear, or worries that are produced from internal or external danger (Bovey and Hede, 2001:536). Moreover, Freud describes anxiety in *Five Lectures on Psychoanalysis*:

“Anxiety is one of the ego's reactions in repudiations of determinants of repressed wishes that have become powerful; and its occurrence in dreams as well is very easily explicable when formation of the dream has been carried out with too much of an eye to the fulfillment of these repressed wishes.”

(Freud, 1910:25)

However, Freud distinguishes anxiety in three types that are realistic anxiety, neurotic anxiety, and moral anxiety or feeling of guilty.

#### **1) Realistic anxiety**

Realistic anxiety strikes us as something very rational and intelligible or real danger. Real danger is a danger that is known, and realistic anxiety is anxiety about a known danger of this sort. We may say of it that is a reaction to the perception of an external danger. It is connected with the flight reflex

and it maybe regarded as a manifestation of the self-preservation instinct (Freud, 1916-1917:318).

This type of anxiety mostly happens because of the fear perception of real dangerous in the external life. This kind of anxiety can be the most basic form of anxiety symptom. For examples, the fear of earthquake, tornado or wild animal. For example, a savage is afraid of a canon and frightened by an eclipse of the sun, while a white man, who knows how to handle the instrument and can foretell the eclipse, remains without anxiety in the circumstances.

## **2) Neurotic anxiety**

Neurotic anxiety is anxiety about an unknown danger. Neurotic danger is the danger that has still to be discovered or an instinctual danger. The danger in this case arises from an unconscious fear that the libidinal impulses of the ID will take control at an in opportune time. Libidinal excitation is aroused but not satisfied, not employed and this unsatisfied libido was directly changed into anxiety (Freud, 1916-1917:327).

The example are the fear of small children for being alone and the fear of stranger. Loneliness as well as strange face makes the child's longing for his familiar mother, he is unable to control this libidinal excitation, he cannot hold in it suspense but change it into anxiety.

## **3) Moral Anxiety**

Moral anxiety is regarded the super ego. When the ego is threatened by punishment from the superego, the ensuing emotional response is called moral anxiety. It occurs whenever the id strives toward active expression of immoral thoughts or acts and the superego response with feelings of shame,

guilt, and self condemnation. Moral anxiety is derived from an objective fear of parental punishment for doing or thinking something that violates the perfectionist dictates of the superego (Freud, 1925-1926:37).

From the sentences above, this kind of anxiety is the results of fear of violating moral or societal codes. That thoughts and actions are the forms of violating values and moral codes of super-ego and if that happen, the superego will experience feelings such as guilty feeling, shame, self-blaming and fear of punishment. Moral anxiety comes from an objective fear of parental punishment for doing or thinking something that violates the perfectionist dictates of the super ego.

All of the forms of anxiety disorder discuss above also happen to Harry Potter as the main character of the novels. This anxiety influences his behavior when he starts to face a new environment. These anxiety emerge when Harry potter as the main character of the novels starts to get bad treatment from his caretaker and environment. For example the psychological abuse by his cousin. His cousin always bullied and mocked Harry Potter for a being unexpected person who live in his house. Later this kind of bad treatment makes him feel anxious because he always thinks there is no body in the world care about him. In fact, anxiety disorders which discuss in this research also happen to the author of the novels. Before she writes the novels series of Harry Potter, J.K. Rowling also feels anxious and thinks no body in the world care about her life, after her mother pass away and she divorces with her husband and then she becomes a poor single mother for her daughter. For more explanation about how the anxiety disorder of Harry Potter emerge and it becomes the representation of the author real story will be discussed in the next chapter of this research.



## CHAPTER 3. RESEARCH DESIGN AND METHODOLOGY

Research method is presented in order to give the reader the understanding of how the research is conducted. As noted in *Oxford Advanced Learner's Dictionary*, “research is careful study or investigation especially in order to discover new facts or information” (Hornby, 1995: 996). This chapter explains the method applied during the process of conducting the research in relation to the type of research, data collection, data processing, and data analysis. This research uses qualitative research. According to Bogdan and Taylor (1975:5), qualitative research is a research procedure that produces descriptive data such as written words or verbal expression from the people and their behaviors that have been observed.

### 3.2 Data Collection

The main data are taken from J.K Rowling's novels with the titles *Harry Potter and The philosopher's Stone*, *Harry Potter and The Chamber of Secret*, and *Harry Potter and The Prisoner of Azkaban*. The secondary data are taken from previous research, some books such as books written by Freud, journals and internet sources. Some books which have the same subject matter are also taken into consideration. Since the data are gathered from many reliable resources, this technique of collecting data is called documentation. Documents means that the researcher is expected to read, understand and critically analyze the writing of others whether fellow researches, practitioners, or policymakers (Blaxter et al, 1996:150). This way of collecting data lets the researcher to allocate the time by reading several books and grouping the relevant data which are found. In this thesis, the data are the conversation, text, and other narrative data from the drama.

The main data are collected from library research and internet research. The main data and other supporting data sources provide the data needed for the object of the study. The data and other supporting information are gathered from books because the data sources from various books give information for the progress of

theoretical reviews and the understanding of discussion. Moreover, to analyze this study I also use journals and internet to find the complete explanations and examples about my study which is related to the real life.

Moreover, other important references, that necessary enough to support the ability of this study are the thesis written by Halimatus Salamah issue about the Child Abuse of the main character in J.K Rowling's *Harry Potter and The philosopher's Stone and Harry Potter and The Prisoner of Azkaban* and The second previous research analyzed about *An Analysis on Jimmy Smith JR. 's Defense Mechanism in Scott Silver Movie Script 8 Mile*. The thesis was written by M. Robbith Alam Islami. All of the references are discuss about the psychological studies which is related to my study.

The other sources are some books written by Freud with the titles *Inhibitions, Symptoms, and Anxiety, The Ego and The id*. I also support the information from journals, articles, dictionary and the other books that give information and support the analysis of the life of the author, the historical background of J.K. Rowling which is related to anxiety disorder and it is expressed in the main character of her novels, Harry potter. The last, the information of psychological condition of England's people in the era of mid 90s is also needed to complete all the information which is related to anxiety disorder.

### **3.3 Data Processing and Data Analysis**

The data processing is done by categorizing the information acquired. All of the data from the novel and psychology condition of the main character are categorized in order to understand the novel better, as the representation of the anxiety and the way of thinking of the author which is expressed in the main character of the novels, and it is influenced by virtue or vice of behavior. The analysis of this thesis is about anxiety disorder. Then, it is analyzed by the theory of anxiety disorder by Sigmund Freud to understand the view of the writer through the character's anxiety disorder in the novels.

I categorize the data based on the topics told in the sentences by the characters in the novels and also all of the characters that interact with the main character, Harry Potter. Then, the data about anxiety disorder in the novels are used to answer the questions in the problem to discuss. After categorizing the data taken from the novels, the data which are considered unimportant or not related to the analysis are deleted in order to make brief and clear explanations. This data processing step is necessary to make sure proper data for the analysis in this thesis.

In processing the data, the all documented data will be sorted first in its relation to anxiety disorder of Harry Potter in the novels. Firstly, processing data is to form interpretation and a firm standing point of anxiety in the story. Secondly, theoretical concept will be applied in textual analysis which later to be the tool expose the fallacy of such existence in the content of texts.

This research begins with the analysis of the novels and concerns with anxiety disorder analysis of the main character Harry Potter which becomes the representation of J.K. Rowling's life experiences in the novels. The theory of anxiety disorder by Sigmund Freud use to get deep information of the construction of J.K. Rowling's Anxiety disorder which expresses in the main character of her novel, Harry Potter. Moreover, the analysis of this study uses inductive method. Inductive method is taken from the specific one to the general form. Shaw states inductive method is a form of reasoning thinking from specific to general. Then, the particular facts of the actor are such ideal (Shaw, 1972: 201). The inductive method of this research is initialized from the specific details of describing the main character anxiety disorder of J.K Rowling's novels, Harry Potter. The details are collected and classified into two major kinds: direct quotation and narration of Harry Potter's which contains about his anxiety disorder which become the representation of J.K. Rowling's anxiety disorder, the kind of Harry Potter's anxiety, the causes of his anxiety, and how this feeling of anxiety influences his life in the novels.

In sum up, this research wants to show some problems which are related to anxiety disorder in the real life of J.K. Rowling as the author of the novels and it