



**ASHLEY'S TERRIFYING EXPERIENCE LEADING TO HER  
TRAGIC LIFE IN SIDNEY SHELDON'S *TELL ME YOUR  
DREAMS***

**THESIS**

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**ENGLISH DEPARTMENT  
FACULTY OF LETTERS  
JEMBER UNIVERSITY  
2011**



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TRAGIC LIFE SIDNEY SHELDON'S *TELL ME YOUR DREAMS***

**THESIS**

A Thesis presented to the English Department Faculty of Letters Jember  
University as one of the requirements to get the Award of Sarjana Sastra Degree  
in English Study

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## DEDICATION PAGES

Profoundly dedicated to:

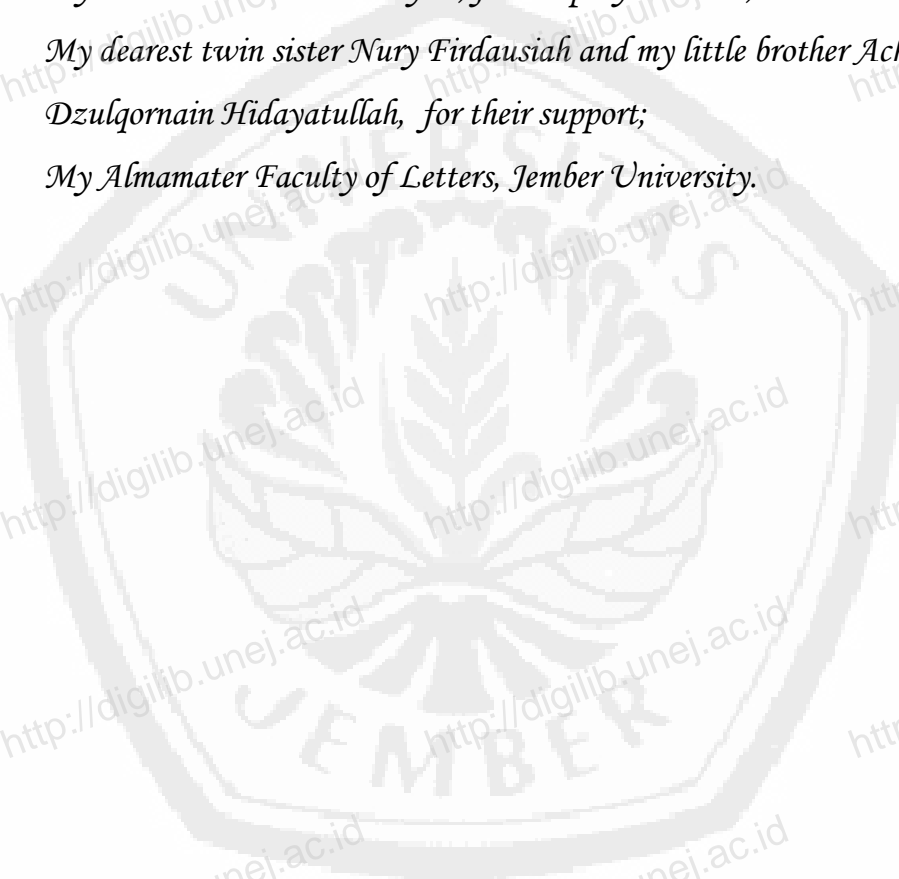
*My beloved father Achmad Sanhaji who has supported me;*

*My beloved mother Nur Hayati, for her pray and care;*

*My dearest twin sister Nury Firdausiah and my little brother Achmad*

*Dzulqornain Hidayatullah, for their support;*

*My Almamater Faculty of Letters, Jember University.*



### **MOTTO**

*"Verify Allah does not consider your appearances or your wealth in (appraising you)*

*but He considers your hearts and your deeds."*

— Musnad Ahmad ibn Hanbal, no. 8707

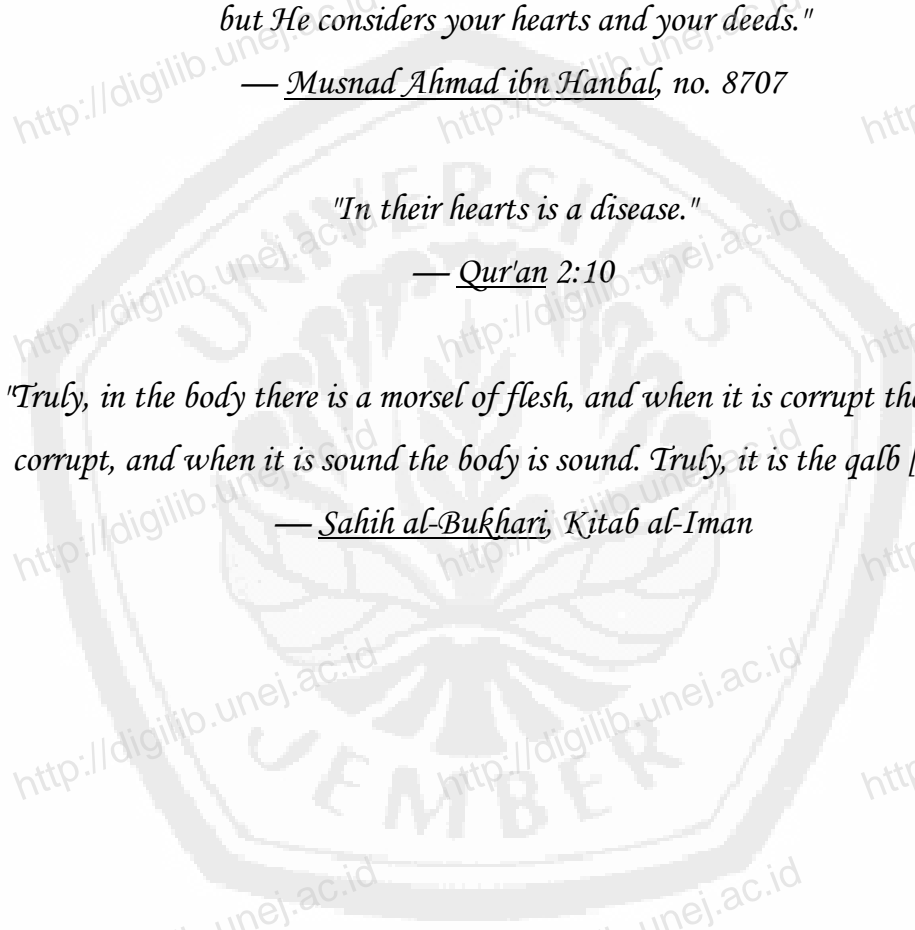
*"In their hearts is a disease."*

— Qur'an 2:10

*"Truly, in the body there is a morsel of flesh, and when it is corrupt the body is*

*corrupt, and when it is sound the body is sound. Truly, it is the qalb [heart]."*

— Sahih al-Bukhari, Kitab al-Iman

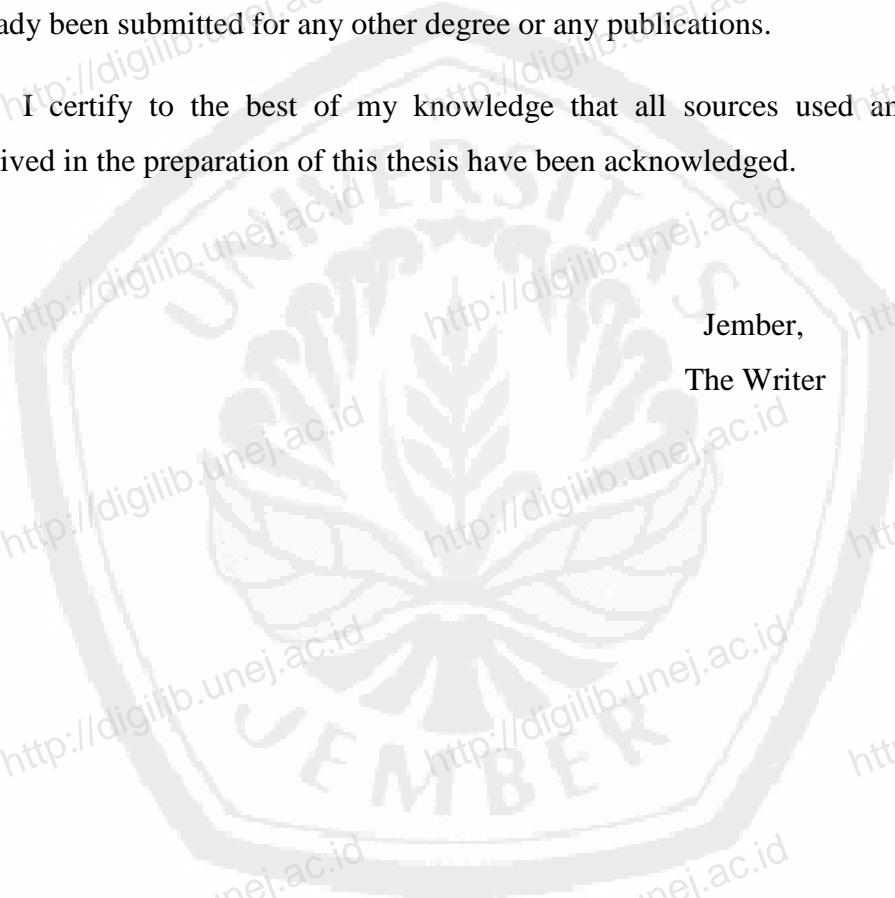


## DECLARATION

I hereby state that the thesis entitled Ashley's terrifying experience leading to her tragic life in Sidney Sheldon's *Tell Me Your Dreams* is an original piece of writing. I certify that the analysis and the research described in this thesis have not already been submitted for any other degree or any publications.

I certify to the best of my knowledge that all sources used and any help received in the preparation of this thesis have been acknowledged.

Jember,  
The Writer



## APPROVAL SHEET

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## SUMMARY

**“ASHLEY’S TERRIFYING EXPERIENCE LEADING TO HER TRAGIC LIFE IN SIDNEY SHELDON’S TELL ME YOUR DREAM: NURY KURNIA, 060110191005; 2011: 49 PAGES; ENGLISH DEPARTEMENT, FACULTY OF LETTERS, JEMBER UNIVERSITY”**

This thesis analyzes Sidney Sheldon’s novel, *Tell Me Your Dreams*. This novel tells about the causes of Terrifying Experience, a series of killing done by Ashley, and Ashley’s psychological treatment by psychiatrist. She always remembers about her father sexual abuse and it makes Ashley traumatized. Ashley kills all five people who want to have sex with her, and she castrates them. Ashley does not have memory for what she has done. Her condition is known after some doctors make investigation towards her and find that there are three personalities in Ashley’s mind, they are Ashley, Toni, and Alette. Then some doctors call Ashley’s psychological disorder “Multiple Personality Disorder “(MPD). However, this thesis does not analyze about the Multiple Personality Disorder but specifically discusses about Ashley’s terrifying experience, her psychological burden, and the process of defense mechanism in her mental conflict using Sigmund Freud’s theory of personality “Defense Mechanism”. In addition, this thesis also discusses about how Ashley’s terrifying experience leads her to tragic life.

This thesis uses psychological approach because the basic analysis is about the main character’s terrifying experience and her psychological conflict. This approach leads to defense mechanism theory by Sigmund Freud. The theory helps to find the main character’s mental conflict because defense mechanism theory also studies about anxiety and repression of something. Futhermore, the method of analysis in this thesis is inductive method. It tries to analyze from specific facts to general facts.

The result of the study shows Ashley's terrifying experience that leads Ashley to tragic life. Her childhood traumatic experience and her father sexual abuse make Ashley create her other personality. Therefore, this phenomenon has a close relation with defense mechanism theory especially the anxiety, repression, reaction formation and denial. Ashley creates her other characters, they are Toni Prescott and Alette Patters in her mind, in order to secure her life. Toni is the worst one and Alette is the cooperative one. Three of them - Ashley, Toni and Alette - are very different.

Ashley tragic life is caused by her anxiety, ambition and her paranoid. In this case Ashley is only a victim of her hatred about her terrifying experience. Toni as one of Ashley's alterations brings her into tragic life.

The analysis of this thesis gives a lesson that child sexual abuse can become traumatic experience in his or her life. Hence, in adulthood he or she does not control his or her personality. Sometimes it can produce problems in his or her life. Terrifying experience will be a very dangerous thing for his or her psychological development.



## ACKNOWLEDGEMENT

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In this great opportunity, I would like to express my gratitude to those who are willing to help me much more than they feel. I would like to express my deep gratitude to:

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3. Erna Cahyawati, S.S., M.Hum, my second advisor who has spent her time to understand and given me valuable advice, suggestion and correcting this thesis with great patient,
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5. All the lecturers of Faculty of Letters who have taught me the valuable knowledge during my study,
6. All the staffs of library of Faculty of Letters, and Central Library of Jember University.
7. All my friends at the class of 2006 of English Department and my boarding house friends. Thanks for your support.

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Jember,

Nury Kurnia

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