

**PERBEDAAN METODE PEMAKAIAN KONTRASEPSI HORMONAL  
DENGAN CITRA TUBUH AKSEPTOR DI DESA KARANGHARJO  
WILAYAH KERJA PUSKESMAS SILO II  
KABUPATEN JEMBER**

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**ABSTRACT**

Body image is one's attitude consciously or unconsciously towards his/her own body. These attitudes includes perception and feeling over his/her body size, shape, function, appearance. The women body image contributed by many factors. The side effects usage of the hormonal contraceptive may influence the women physiologic changes, that could have an impact on their body performances. The research objective to analyzed the differences of women body image on the usage variance hormonal contraceptive agents (injections, pills, and implant methods) at karangharjo village on coverage area of silo II local health center jember regency. Research design was analytical observational study. The sample used 90 women divided on 3 groups were assigned with proportionate random sampling. Women body image measured on a self report with the Multidimensional Body Self Relation Questionnaire Appearance Scale (MBRSQ-AS). This scale contains five dimensions such as appearance evaluation, appearance orientation, satisfaction over certain part of body, anxiety of becoming overweight and perception on the body size. After that the data analyzed used chi-square test. The results show the women body image on the usage of the variance hormonal contraceptive among pills, injection and implant methods have a significant differences (p-value 0.013, 95% CI). On majority, the usage pills method 53,3% were positive body image, the usage of implant method 63,3% have a positive body image, and the last the usage injection contraceptive 73,3% are negative. Negative or positive body image indicated women satisfaction or dissatisfaction on their feeling and perception about the changing performance as well as potential existing. The findings show that needed more informations on the women about the real side effects of the variance on hormonal contraceptive. The accuracy information from the health workers, discussion and family support system, are important things to influence women attitudes on the usage hormonal contraceptive. The expectation many women think more positively about their alteration body performances, so the probability drop out number of contraceptive be able prevented.

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**Keywords: Body Image, hormonal contraceptive methods**