



**IMPROVING THE GRADE X-3 STUDENTS' ACTIVE PARTICIPATION  
AND THEIR DESCRIPTIVE TEXT READING COMPREHENSION  
ACHIEVEMENT THROUGH SKIMMING AND SCANNING  
TECHNIQUES AT SMA NEGERI RAMBIPUJI JEMBER**

**THESIS**

**By:**

**RUDY SETIAWAN  
NIM 090210401056**

**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM  
LANGUAGE AND ARTS DEPARTMENT  
FACULTY OF TEACHER TRAINING AND EDUCATION  
JEMBER UNIVERSITY  
2014**



**IMPROVING THE GRADE X-3 STUDENTS' ACTIVE PARTICIPATION  
AND THEIR DESCRIPTIVE TEXT READING COMPREHENSION  
ACHIEVEMENT THROUGH SKIMMING AND SCANNING  
TECHNIQUES AT SMA NEGERI RAMBIPUJI JEMBER**

**THESIS**

Composed to fulfill one of the requirements to obtain S1 Degree at the English Language  
Education Program of the Language and Arts Education Department of  
The Faculty of Teacher Training and Education  
Jember University

By:

**RUDY SETIAWAN  
NIM 090210401056**

**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM  
LANGUAGE AND ARTS DEPARTMENT  
FACULTY OF TEACHER TRAINING AND EDUCATION  
JEMBER UNIVERSITY**

**2014**

## **DEDICATION**

This thesis is honorably dedicated to:

1. My beloved parents, Sukardi and Suciati.
2. My dearest brothers, Agus Eko and Hendy Bimo.

## MOTTO

*“The more that you read, the more things you will know. The more that you learn, the more places you'll go”.*  
*(Dr. Seuss)*

<https://www.goodreads.com/quotes/tag/reading>

## LETTER OF STATEMENT AUTHENCITY

I, the one who is signing:

Name : Rudy Setiawan

NIM : 090210401056

State that the thesis entitled **”Improving The Grade X-3 Students’ Active Participation and Their Descriptive Text Reading Comprehension Achievement Through Skimming and Scanning Techniques at SMA Negeri Rambipuji Jember”** is truly my own writing, and it has not been proposed to any institutions, and it is not a work of piracy. I am solely responsible for everything written in this thesis. That is my statement, and this is made with a sincere intention without pressure from anyone and I am willing to receive any punishment if in the future this statement is not right.

Jember, September 28<sup>th</sup>, 2014

Writer

Rudy Setiawan

NIM. 090210401056

## CONSULTANTS' APPROVAL

### IMPROVING THE GRADE X-3 STUDENTS' ACTIVE PARTICIPATION AND THEIR DESCRIPTIVE TEXT READING COMPREHENSION ACHIEVEMENT THROUGH SKIMMING AND SCANNING TECHNIQUES AT SMA NEGERI RAMBIPUJI JEMBER

#### THESIS

Composed to fulfill one of the requirements to obtain S1 Degree at the English Education Program of the Language and Arts Education Department of the Faculty of Teacher Training and Education Jember University

Name : Rudy Setiawan  
Identification Number : 090210401056  
Level : 2009  
Place and Date of Birth : Lumajang, November 15<sup>th</sup>, 1988  
Department : Language and Arts  
Study Program : English Education

Consultant I Approved by: Consultant II

Dra. Zakiyah Tasnim, M.A.  
NIP. 19620110 198702 2 001

Drs. Sugeng Ariyanto, M.A.  
NIP. 19590412 198702 1 001

## **APPROVAL OF THE EXAMINATION COMMITTEE**

This thesis entitled “Improving The Grade X-3 Students’ Active Participation and Their Descriptive Text Reading Comprehension Achievement Through Skimming and Scanning Techniques at SMA Negeri Rambipuji Jember” is approved and received by the Examination Committee of the Faculty of Teacher Training and Education, Jember University.

Day : Wednesday

Date : November 5<sup>th</sup>, 2014

Place : The Faculty of Teacher Training and Education, Jember University

### Examination Committee

The Chairperson,

The Secretary,

Dra. Wiwiek Istianah M. Kes, M. Ed  
NIP. 19501017 198503 2 001

Drs. Sugeng Ariyanto, M.A.  
NIP. 19590412 198702 1 001

The Members,

- |   |    |
|---|----|
| 1. Dra. Zakiyah Tasnim, M.A<br>NIP. 19620110 198702 2 001     | 1. |
| 2. Drs. Bambang Suharjito, M.Ed<br>NIP. 19611023 198902 1 001 | 2. |

The Dean,  
Faculty of Teacher Training and Education

Prof. Dr. Sunardi, M. Pd.  
NIP. 19540501 198303 1 005

## ACKNOWLEDGEMENT

I would like to thank the almighty Allah SWT who always leads and grants me blessing and mercy so that I am able to finish my thesis entitled “Improving The Grade X-3 Students’ Active Participation and Their Descriptive Text Reading Comprehension Achievement Through Skimming and Scanning Techniques at SMA Negeri Rambipuji Jember”.

I do realize that this thesis would not be finished without the people whom I owe great deal of support, motivation, and suggestion. I would like to express my great appreciation and sincerest gratitude to:

1. The Dean of the Faculty of Teacher Training and Education.
2. The Chairperson of the Language and Arts Education Program.
3. The Chairperson of the English Education Program.
4. My First and Second Consultants, Dra. Zakiyah Tasnim, M.A. and Drs. Sugeng Ariyanto, M.A., for their guidance, time, patience, suggestion, motivation, support and valuable advice so that I was able to accomplish my thesis. May Allah always bless you.
5. My Academic Supervisor, Dra. Zakiyah Tasnim, M.A
6. The Examination Committee and the Lecturers of the English Education Program.
7. The Principal, the English teacher and the tenth grade students of SMA Negeri Rambipuji Jember in the 2013/2014 academic year who helped me to obtained the data for the research.

Finally, I expect that this thesis can give a useful contribution as well as reference for the sake of the improvement of English teaching, especially reading. Any criticism and valuable suggestion would be appreciated.

Jember, September 28<sup>th</sup> 2014

The Writer



## TABLE OF CONTENTS

	Page
<b>COVER PAGE</b> .....	i
<b>TITLE PAGE</b> .....	ii
<b>DEDICATION</b> .....	iii
<b>MOTTO</b> .....	iv
<b>LETTER OF STATEMENT AUTHENCITY</b> .....	v
<b>CONSULTANTS' APPROVAL</b> .....	vi
<b>APPROVAL OF THE EXAMINATION COMMITTEE</b> .....	vii
<b>ACKNOWLEDGEMENT</b> .....	viii
<b>TABLE OF CONTENTS</b> .....	ix
<b>THE LIST OF APPENDICES</b> .....	xii
<b>THE LIST OF TABLES</b> .....	xiii
<b>LIST OF CHARTS</b> .....	xiv
<b>SUMMARY</b> .....	xv
<b>I. INTRODUCTION</b>	
<b>1.1 Background of the Research</b> .....	1
<b>1.2 Problems of the Research</b> .....	4
<b>1.3 Objectives of the Research</b> .....	4
<b>1.4 Significances of the Research</b> .....	5
<b>II. REVIEW OF RELATED LITERATURE</b>	
<b>2.1 Reading Comprehension</b> .....	6
<b>2.2 Reading Comprehension Achievement</b> .....	7
2.2.1 Identifying General Information .....	7
2.2.2 Identifying Specific Information.....	9
<b>2.3 Techniques in Teaching Reading</b> .....	16
<b>2.4 Skimming and Scanning Techniques</b> .....	17

2.4.1 Skimming Technique .....	17
2.4.1.1 The Procedure of Skimming .....	18
2.4.1.2 The Advantages and The Disadvantages of Skimming ..	19
2.4.2 Scanning Technique .....	19
2.4.2.1 The Procedure of Scanning .....	20
2.4.2.2 The Advantages and The Disadvantages of Scanning ...	20
<b>2.5 Descriptive Text .....</b>	<b>21</b>
<b>2.6 Relevant Research Findings .....</b>	<b>22</b>
<b>2.7 Teaching Reading using Skimming and Scanning .....</b>	<b>23</b>
<b>2.8 Students' Participation in Reading Class .....</b>	<b>24</b>
<b>2.9 Action Hypotheses .....</b>	<b>25</b>

### **III. RESEARCH METHODS**

<b>3.1 Research Design .....</b>	<b>26</b>
<b>3.2 Research Area Determination Method .....</b>	<b>28</b>
<b>3.3 Research Subjects Determination Method .....</b>	<b>29</b>
<b>3.4 Operational Definition of the Terms .....</b>	<b>29</b>
3.4.1 Reading Comprehension Achievement .....	29
3.4.2 Skimming and Scanning Techniques .....	29
3.4.3 Active Participation .....	30
3.4.4 The Action .....	30
<b>3.5 Data Collection Method .....</b>	<b>30</b>
3.5.1 Primary Data .....	30
3.5.1.1 Reading Test .....	30
3.5.1.2 Observation .....	33
3.5.2 Secondary Data .....	33
3.5.2.1 Interview .....	33
3.5.2.2 Documentation .....	34
<b>3.6 Data Analysis Method .....</b>	<b>34</b>
<b>3.7 Research Procedure .....</b>	<b>34</b>

## **IV. RESEARCH RESULTS AND DISCUSSION**

<b>4.1 The Results of the Action in Cycle 1</b> .....	38
4.1.1 The Results of Observation in Cycle 1 .....	39
4.1.2 The Results of the Students' Reading Comprehension Test in Cycle 1 .....	43
4.1.3 The Results of Reflection in Cycle 1 .....	45
<b>4.2 The Results of the Action in Cycle 2</b> .....	46
4.2.1 The Results of Observation in Cycle 2 .....	47
4.2.2 The Results of the Students' Reading Comprehension Test in Cycle 2 .....	50
4.2.3 The results of Reflection in Cycle 2 .....	52
<b>4.3 Discussion</b> .....	53

## **V. CONCLUSION AND SUGGESTIONS**

<b>5.1 Conclusion</b> .....	59
<b>5.2 Suggestions</b> .....	59
5.2.1 The English Teacher .....	60
5.2.2 The Students of X-3 Grade .....	60
5.2.3 The Future Researchers .....	60

## **REFERENCES**

## **APPENDICES**

## **TABLES**

## **CHARTS**

## THE LIST OF APPENDICES

	Page
1. Research Matrix .....	64
2. The Result of Preliminary Study.....	66
3. The Observation Checklist.....	67
4. The Names of the Subjects.....	69
5. The score of Students' Previous English Test .....	70
6. Lesson Plan 1 (Cycle 1, Meeting 1).....	55
7. Lesson Plan 2 (Cycle 1, Meeting 2).....	64
8. Reading Comprehension Test (Cycle 1) .....	65
9. Lesson Plan 3 (Cycle 2, Meeting 1).....	66
10. Lesson Plan 4 (Cycle 2, Meeting 2) .....	67
11. Reading Comprehension Test (Cycle 2) .....	68
12. The Result of Observation Checklist Cycle 1 Meeting 1.....	69
13. The Result of Observation Checklist Cycle 1 Meeting 2.....	75
14. The Result of Reading Comprehension Test (Cycle 1) .....	81
15. The Result of Reading Comprehension Test (Cycle 2) .....	82
16. The Schedule of The Research .....	83
17. The Sample of the Students' Worksheet in Reading Test Cycle I.....	
18. The Sample of the Students' Worksheet in Reading Test Cycle II.....	
19. Permission Letter for Conducting Research from the Faculty of Teacher Training and Education of Jember University .....	84
20. Statement Letter for Accomplishing the Research from SMA Negeri Rambipuji Jember .....	85

## THE LIST OF TABLES

	Page
3.1 Test Item Classification.....	35
4.1 The Schedule of The Research.....	35
4.2 The Results of Observation in Cycle 1 .....	38
4.3 The Average Results of The Students' Active Participation in Cycle 1 .....	39
4.4 The Results of the Students' Reading Comprehension Test in Cycle 1 .....	40
4.5 The Revised Factors of The Implementation of The Action.....	42
4.6 The Results of Observation in Cycle 2 .....	44
4.7 The Average Results of The Students' Active Participation in Cycle 2 .....	45
4.8 The Results of the Students' Reading Comprehension Test in Cycle 2 .....	46

## THE LIST OF CHARTS

	Page
4.1 Observation Result in Cycle 1 .....	43
4.2 Observation Result in Cycle 2.....	50
4.3 The Improvement of the Students' Active Participation during The Teaching Learning Process of Reading .....	54
4.4 The Improvement of the Students' Reading Comprehension Test From the First Cycle to the Second Cycle .....	56

## SUMMARY

**Improving The Grade X-3 Students' Active Participation and Their Descriptive Text Reading Comprehension Achievement Through Skimming and Scanning Techniques at SMA Negeri Rambipuji Jember;** Rudy Setiawan, 090210401056; 2014: 62 pages; English Education Program, Language and Arts Department, Faculty of Teacher Training and Education, Jember University

This Classroom Action Research was intended to improve the grade X-3 students' reading comprehension achievement through Skimming and Scanning techniques at SMAN Rambipuji Jember in the 2013/2014 academic year. Based on the preliminary study in the form of interview with the English teacher of SMAN Rambipuji, it was found that the students of class X-3 experienced difficulties in comprehending reading texts, especially in finding the general and specific information of the texts. Besides, the students also lacked of participation in the classroom during the reading teaching and learning process. Furthermore, there were 18 out of 35 students (50%) who could achieve the minimum score requirement (70) for the English subject. To overcome the problem, Skimming and Scanning techniques were applied.

The data collection methods in this study were a reading comprehension test and observation, and the data were analyzed statistically using percentage formula. The action was implemented in two cycles. The first cycle was done in three meetings including the test. The results of the classroom observation showed that the students were not all active during the teaching learning process. In other words, there was improvement of the students' active participation in cycle 1 from 43% to 63%, but the criteria of success in cycle 1 was 75% of the students categorized as active was not achieved in the reading teaching and learning process. In addition, the result of the reading comprehension test in the first cycle had not achieved the criteria of success of the research that was 75% of the

students got score of  $\geq 70$  in the reading comprehension test. The percentage of the students who got score  $\geq 70$  was only 22 students or 63% out of 35 students.

Based on the results of the first cycle above, the second cycle was necessary to be conducted. Some revisions had been made to solve the problems found in the first cycle. The revisions were: explaining the procedures of Skimming and Scanning more clearly and gave more examples how to apply the Skimming and Scanning techniques in reading. The classroom observation and reading comprehension test in the second cycle showed an improvement. In the classroom observation, the students' active participation showed that 77% in meeting 1 and 83% in meeting 2 of the students actively participated in the teaching learning process. So, the result of the observation in meeting 1 and meeting 2 had achieved the criteria of success of the research. In the reading comprehension test, the percentage of the students who got score  $\geq 70$  in the reading comprehension test was 28 students, or 80% out of 35 students. Based on those results, it can be concluded that the actions in the second cycle were successful because the results of classroom observation and reading comprehension test had achieved the criteria of success of the research.

Finally, it can be summarized that the use of Skimming and Scanning techniques could improve the X-3 students' active participation and their reading comprehension achievement in the reading teaching learning process at SMA Negeri Rambipuji Jember. Some suggestions were also suggested to the English teacher, students, and future researchers to use Skimming and Scanning techniques to improve the students' active participation and their reading comprehension achievement in the reading teaching and learning process.