



**A DESCRIPTIVE STUDY OF METACOGNITIVE STRATEGY IN  
THE ENGLISH LANGUAGE TEACHING AND LEARNING  
PROCESS AT SMPN 1 PROBOLINGGO**

**THESIS**

**By:**

**ANIK PRATIWI WIJAYATI**

**060210491137**

**ENGLISH EDUCATION PROGRAM  
LANGUAGE AND ARTS EDUCATION DEPARTMENT  
FACULTY OF TEACHER TRAINING AND EDUCATION  
JEMBER UNIVERSITY  
2011**



**A DESCRIPTIVE STUDY OF METACOGNITIVE STRATEGY IN  
THE ENGLISH LANGUAGE TEACHING AND LEARNING  
PROCESS AT SMPN 1 PROBOLINGGO**

**THESIS**

**Presented as One of the Requirements to Obtain S1 Degree of the English  
Education Program of the Language and Arts Education Department of Faculty  
of Teacher Training and Education  
Jember University**

**By:**

**ANIK PRATIWI WIJAYATI**

**060210491137**

**ENGLISH EDUCATION PROGRAM  
LANGUAGE AND ARTS EDUCATION DEPARTMENT  
FACULTY OF TEACHER TRAINING AND EDUCATION  
JEMBER UNIVERSITY**

**2011**

## **CONSULTANT'S APPROVAL**

### **A DESCRIPTIVE STUDY OF METACOGNITIVE STRATEGY IN THE ENGLISH LANGUAGE TEACHING AND LEARNING PROCESS AT SMPN 1 PROBOLINGGO**

#### **THESIS**

Composed as One of the Requirements to Obtain the S-1 Degree at the English  
Education Program, Language and Arts Education Department, Faculty of Teacher  
Training and Education, Jember University

Name : Anik Pratiwi Wijayati  
Identification Number : 060210491137  
Level : 2006  
Place, Date of Birth : Probolinggo, October, 29<sup>th</sup> 1987  
Department : Language and Arts  
Program : English Education

Approved By:

Consultant I

Consultant II

Dr. Budi Setyono. M.A.  
NIP. 19630717 199002 1 001

Drs. Sugeng Ariyanto, M.A  
NIP. 19590412 198702 1 001

## APPROVAL OF THE EXAMINATION COMMITTEE

The thesis entitled “A Descriptive Study of Metacognitive Strategy in the English Language Teaching and Learning Process at SMPN 1 Probolinggo” has been tested and approved at:

Day, date : Tuesday, July 26<sup>th</sup> 2011

Place : The Faculty of Teacher Training and Education

Examiners team:

The Chairperson,

The Secretary,

Drs. Bambang Suharjito, M. Ed  
NIP.19611023 198902 1 001

Drs. Sugeng Ariyanto, M.A.  
NIP 1959041 2198702 1 001

The Members,

1. Dra. Musli Ariani, M. App. Ling  
NIP 19680602199403 2 001
2. Dr. Budi Setyono, M.A  
NIP 19630717 199002 1 001

The Faculty of Teacher Training and Education

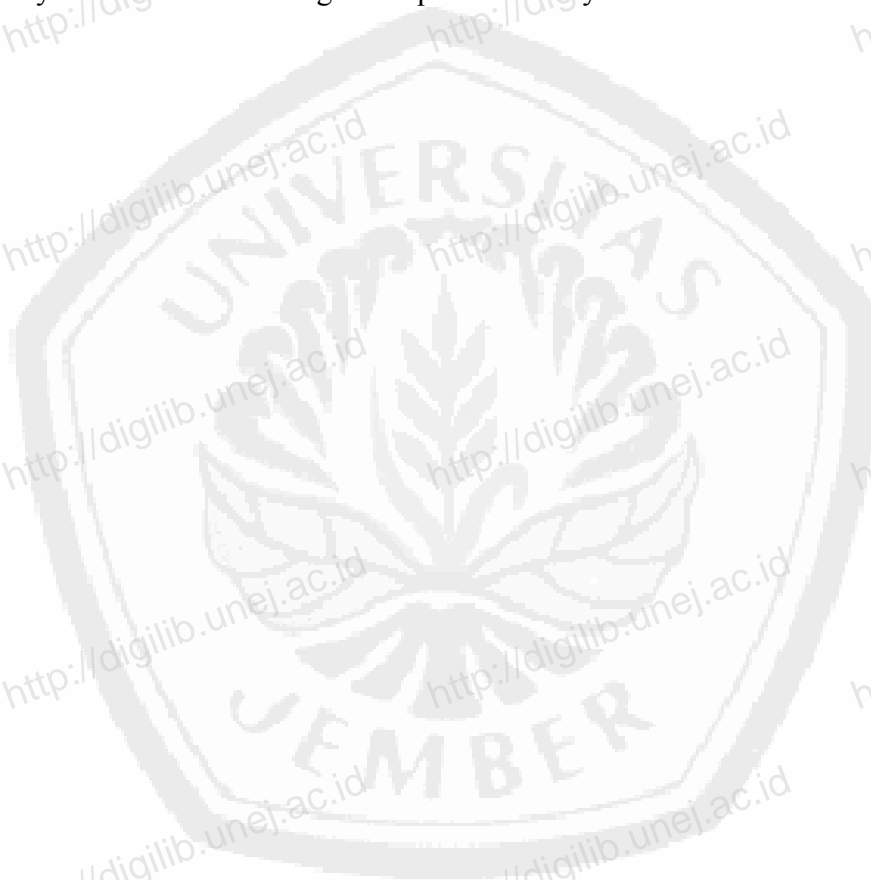
The Dean,

Drs. H. Imam Muchtar, S.H., M.Hum.  
NIP. 19540712 198003 1 005

## DEDICATION

This thesis is honorably dedicated to:

1. My beloved parents, Soni Rakhmad and Endang Sri P.
2. My beloved brother, Ilwan Dwi Cahyo.
3. My teachers from kindergarten up to university.



## MOTTO

Give a man fish and he eats for a day.

Teach him how to fish and he eats for a lifetime.

(Old Proverb)



## ACKNOWLEDGEMENT

First, I would like to express my greatest gratitude to Allah SWT, The Almighty, who always leads and provides blessing, mercy, and guidance to me, so that I am able to finish this thesis entitled “A Descriptive Study of Metacognitive Strategy in the English Language Teaching and Learning Process at SMPN 1 Probolinggo.”

In relation to the writing and finishing of this thesis, I would like to express the deepest appreciation and sincere thanks to the following people:

1. The Dean of the Faculty of Teacher Training and Education;
2. The Chairperson of the Language and Arts Department;
3. The Chairperson of the English Education Program;
4. My academic advisor and first consultant, Dr. Budi Setyono, M.A and my second Consultant, Drs. Sugeng Ariyanto, M.A who have given me some suggestions and corrections in finishing this thesis;
5. The examination committee;
6. The principal, the English teacher and the VII-3 students of SMPN 1 Probolinggo in the 2010/2011 academic year who helped me obtain the research data;
7. My beloved parents and brother;
8. My beloved Almamater, Jember University.

Finally, I hope this thesis will provide some advantages for researchers. Any constructive suggestions of criticism will be respectfully welcome and appreciated.

Jember, July 2011

The writer



## TABLE OF CONTENTS

<b>COVER</b> .....	i
<b>TITLE</b> .....	ii
<b>CONSULTANT'S APPROVAL</b> .....	iii
<b>APPROVAL OF THE EXAMINATION COMMITTEE</b> .....	iv
<b>DEDICATION</b> .....	v
<b>MOTTO</b> .....	vi
<b>ACKNOWLEDGEMENT</b> .....	vii
<b>TABLE OF CONTENTS</b> .....	viii
<b>LIST OF APPENDICES</b> .....	xi
<b>LIST OF TABLES</b> .....	xii
<b>SUMMARY</b> .....	xiii
 <b>I. INTRODUCTION</b>	
1.1 The Research Background .....	1
1.2 The Research Problems .....	3
1.3 The Research Objective .....	3
1.4 The Operational Definitions of the Terms .....	3
1.5 The Research Significance .....	4
 <b>II. LITERATURE REVIEW</b>	
2.1 Definition of Learning Strategy .....	6
2.2 The Classification of Learning Strategy .....	7
2.3 The Definition of Metacognitive Strategy (MS) for both Teacher and Learners .....	10
2.4 The Reason of Using Metacognitive Strategies in the Classroom...	15
2.5 Applying Metacognitive Strategy to the Four Skills .....	18
2.6 The Application of Teaching and Learning English Using MS at SMPN 1	



Probolinggo .....	27
-------------------	----

### III. RESEARCH METHOD

3.1 Research Design .....	30
3.2 Area Determination Method .....	31
3.3 Research Respondent .....	31
3.4 Data Collection Methods .....	31
3.4.1 Interview .....	32
3.4.2 Observation .....	32
3.4.1 Questionnaire .....	33
3.5 Validity and Reliability of the Research Results .....	34
3.6 Data Analysis Method.....	35

### IV. RESEARCH RESULT AND DISCUSSION

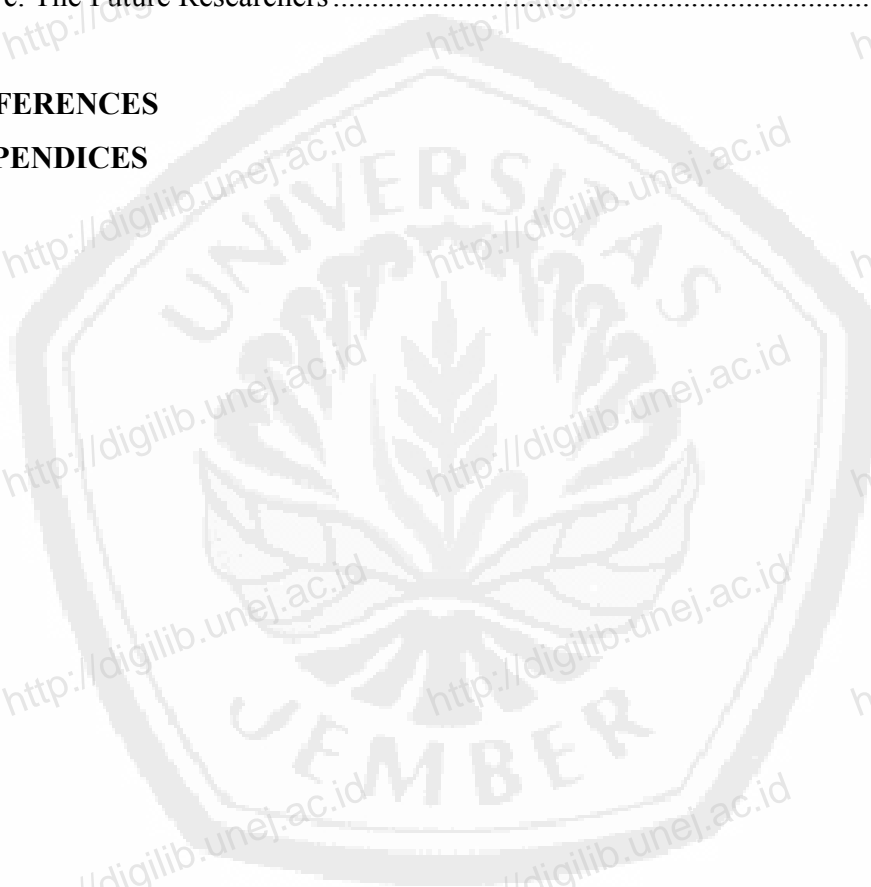
4.1 The Teacher's MS in the English Teaching Process.....	37
4.1.1 Planning Strategies.....	37
4.1.2 Monitoring Strategies.....	40
4.1.3 Evaluating Strategies.....	42
4.2 The Students' MS in the English Learning Process.....	43
4.2.1 Planning Strategies.....	43
4.2.2 Monitoring Strategies.....	45
4.2.3 Evaluating Strategies.....	46
4.3 The Discussion.....	57
4.3.1 The Discussion of Teacher's Metacognitive Strategy in Teaching English .....	57
4.3.2 The Discussion of Students' Metacognitive Strategy in Learning English .....	58

## **V. CONCLUSION AND SUGGESTION**

5.1 Conclusion .....	62
5.2 Suggestions .....	62
a. The Teacher .....	62
b. The Learners .....	63
c. The Future Researchers .....	63

## **REFERENCES**

## **APPENDICES**



## TABLE OF APPENDICES

	Appendices
Research Matrix	A
Interviews Guide with the English Teacher	B
The Result of Interview with the English Teacher	C
Interview Guide with the Learners	D
The Result of Interview with the Learners	E
The Name List of Research Respondents in Class 7.3	F
Field Note	G
Metacognitive Speaking Questionnaire	H.1
Metacognitive Listening Questionnaire	H.2
Metacognitive Reading Questionnaire	H.3
Metacognitive Writing Questionnaire	H.4
The Result of Metacognitive Speaking Questionnaire	I.1
The Result of Metacognitive Listening Questionnaire	I.2
The Result of Metacognitive Reading Questionnaire	I.3
The Result of Metacognitive Writing Questionnaire	I.4
The Letter of Statement from SMPN 1 Probolinggo	J
The Consultant Sheet	K

## LIST OF TABLES

<b>Table</b>	<b>Names of Tables</b>	<b>Page</b>
2.1	Table 2.1 Metacognitive Strategy based on Vandergrift et al	21
2.2	The Differences between Skilled and Less Experienced Writers	26
4.1	Teacher's Planning Strategies	37
4.2	Teacher's Monitoring Strategies	40
4.3	Teacher's Evaluating Strategies	43
4.4	Students' Planning Strategies	44
4.5	Students' Monitoring Strategies	45
4.6	Students' Evaluating Strategies	47
4.7	The Sample of Mode Analysis in Class 7.3 for Speaking Skill Metacognitive Strategy (SMS).	
4.8	The Result of Speaking Metacognitive Strategy (SMS) in Class 7.3	50
4.9	The Sample of Mode Analysis for Listening Metacognitive Strategy	51
4.10	The Result of Listening Metacognitive Strategy (LMS) in Class 7.3	52
4.11	The Result of Reading Metacognitive Strategy (RMS) in Class 7.3	52
4.12	The Result of Writing Metacognitive Strategy (RMS) in Class 7.3	56

## SUMMARY

### **A Descriptive Study of Metacognitive Strategy in the English Language Teaching and Learning Process at SMPN 1 Probolinggo.**

Anik Pratiwi Wijayati, 060210491137; 2011; 63 pages; English Education Program of Language and Arts Department of the Faculty of Teacher Training and Education of Jember University.

One of the most important missions of educators is to teach students how to learn on their own throughout their lifetime. How the learners learn how to learn, how the learners know what they have learned and how to direct their own future learning are all questions addressed by the concept of metacognition. Metacognition is a notion that has been used to denote a variety of epistemological processes. Metacognition means cognition about cognition; it refers to second order cognitions: thoughts about thoughts, knowledge about knowledge or reflections about actions.

Metacognition involves the awareness and regulation of thinking processes. Metacognitive strategies are those strategies that require students to think about their own thinking as they engage in academic tasks. Metacognitive Strategies involve planning, monitoring, and evaluating. The activities such as planning how to approach a given learning task, monitoring comprehension, and evaluating progress toward the completion of a task are metacognitive in nature. Within this study, the teacher applies Metacognitive Strategies in teaching process and encourages them to apply their Metacognitive in learning activities.

This research aims at presenting a study of the English teacher who teaches the students by applying Metacognitive Strategies in her teaching process and the learners who apply metacognitive strategies in their language learning activities. This research was conducted to describe both teacher's metacognitive strategies and the learner's metacognitive strategies in the English language teaching and learning process at SMPN 1 Probolinggo. This research was conducted at 7<sup>th</sup> grade of Junior High School. The research respondents were chosen purposively. The total number of